



TE AWAMUTU SWIMMING CLUB

Presents

2016 XLR8 MEET

At Hamilton's Waterworld

SESSION 1—SATURDAY 5 NOVEMBER 2016

Warm-up 8.00 am. Racing starts at 9.00 am

SESSION 2—SATURDAY 5 NOVEMBER 2016

Warm-up 12 pm. Racing starts at 1.00pm

This is a LONG COURSE (50m) Event

This a paperless meet—the final programme will be available on the Swimming Waikato website on Monday 31 October 2016

\$8.00
Per race
entry

Spectator's Entry Fee—\$2.00 (Waterworld Charge)

MEET EVENTS

Session One (8.00am Warm-Up with a 9.00am start)

Event	Distance	Stroke
1	100	Freestyle
2	50	Breaststroke
3	100	Backstroke
4	200	Butterfly
5	400	Freestyle
6	200	Breaststroke
7	1500	Freestyle*
8	50	Butterfly
9	4 x 50	Freestyle Mixed**

Session Two (12pm Warm-Up with a 1.00pm start)

Event	Distance	Stroke
10	200	Freestyle
11	100	Breaststroke
12	100	Butterfly
13	50	Backstroke
14	200	IM
15	50	Freestyle
16	200	Backstroke
17	800	Freestyle*
18	400	IM
19	4 x 50	Medley Mixed**

*NOTE: 800m and 1500m Freestyle events will be limited to two heats each.

**Club based relays only.

CONDITIONS OF ENTRY

- This event is for **COMPETITIVE** and **CLUB** swimmers only who are registered in the SNZ database and are financial as at the date of the meet and are:
 - aged 13+ as at the first day of the meet: OR
 - aged 12/U as at the first day of the meet and have swum the following qualifying time in the 200m Individual Medley event. Junior swimmers who have swum this qualifying time are then eligible to compete in any event at this meet -
BOYS— 3.06:90 (sc) GIRLS— 3.10:30 (sc)
- Swimmers have the opportunity to gain qualifying times for Regional, Zonal and National Meets.
- **ENTRIES OPEN: : on the 23rd September 2016**
- **ENTRIES CLOSE : on the SNZ database at 11.59pm on Sunday 23 October 2016.**
All queries to Pam Stillborn 027 3651035 email stilbornfamily@gmail.com
- All events are **TIMED FINALS**
- All events will be swum as mixed gender
- Entry times long course. Times may be converted from SC times.
- **“NO TIME”** will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated time-frame. The nominated timeframe for XLR8 Series Meets is 4 hours per session (including warm up).
- **Entry process:** Entries to be submitted via the SNZ National database. Individuals will be able to access and complete their entries online via the database.
- **Entry Fees:** Individual entry: \$8.00. GST inclusive.
Relay entries: \$8.00 per team. GST inclusive. Clubs will be invoiced for the relay entry fee once entries close.
- **Payment of Fees:**
Online: Via the Swimming New Zealand database
By Cheque: Post to Te Awamutu Swimming Club
PO Box 537, Te Awamutu
Internet Banking: 03 1564 0080004 000
- Payments by cheque must be from the Club Account and be accompanied by a Meet Entry Fee Report.
- There will be no refunds on entry fees except as per the scratching rules.
- Submission of Entries constitutes acceptance of these Meet Rules & Conditions
- Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules. Para swimmers must present their classification card to the Meet Director prior to the commencement of the meet.
- Late entries will be at the Meet Director’s discretion based on lane space availability, late entry fee \$10.00 per event.
- Psych sheets will be circulated once entries have been closed. Each Club is responsible for checking names, entries and events are correct on receipt of information and advising

CONDITIONS OF ENTRY

- Participants who have entered this meet agree to allow photograph, video, multimedia or film likeness taken by accredited photographers approved by Swimming Waikato to be used for any legitimate purpose by Swimming Waikato, a Club affiliated to Swimming Waikato or local media.

General—

- The meet will be conducted under Swimming New Zealand's SNZ Regulations and Bylaws, FINA Rules' except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Protests shall be lodged as per SNZ Regulation 4 accompanied by the \$100 fee.
- Reseeding may be done at the discretion of the Meet Director.
- Please clear any strapping with the Meet Director prior to the start of racing. It is the swimmer's responsibility to ensure this is done.
- Electronic timing (touch pads & button back up) will be used at this meet, plus two timekeepers per lane, to comply with FINA regulations.
- Over the top starts will apply for all events.
- Entry into the pool for the backstroke events shall be feet first. No swim back permitted.
- Please exit the pool at the side. Do not swim over the lane ropes.

Scratchings/Withdrawals -

- All event scratchings received by 12.00pm (midday) on the day prior to the meet will be exempt from Entry Fees
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing.
- For subsequent sessions, scratchings must be submitted no later than 15 minutes after the completion of the session immediately prior to the session in which the scratching is to be effective.
- Swimmers will be deemed to have withdrawn if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event.

Officials -

- Officials are required to report to the referee at the start of warm-up please. Referees, IOTs & the Chief Timekeeper need to report in plenty of time. Earlier than the start of warm-up is preferable.
- As per Swimming New Zealand regulations, there is a minimum number and standard of officials required for meet to be classed as approved and for those times to be used for national qualification. More information can be found at <http://www.swimming.org.nz/page/php?id=1002>