



# 2018 Hamilton Summer Meet

## Junior Session

Long Course

Waterworld, Te Rapa, Hamilton

27 to 28 January 2018

This 12/U Junior Meet will be held during the lunch break of the Hamilton Summer Meet—Senior Session. Start time will be advised once entries have closed for both meets.

Saturday—27 January 2018

Session 1 – Racing starts 1hr after Session 1 of the Senior Meet

Sunday 28 January 2018

Session 2— Racing starts 1hr after the morning session of the Senior Meet

### PRIZE MONEY

Age Group: 12 & Under

\$20= 1st

\$15= 2nd

\$10=3rd

Note: Waterworld now charge a \$2 spectator fee

Entry fee \$9.25  
per event



## MEET EVENTS

### Saturday Session 1: 12/U Timed Finals Start time to be confirmed once entries close

| Event | Distance | Stroke       | Gender |              |
|-------|----------|--------------|--------|--------------|
| 1     | 200m     | Breaststroke | Mixed  | Timed Finals |
| 2     | 50m      | Backstroke   | Mixed  | Timed Finals |
| 3     | 100m     | Freestyle    | Mixed  | Timed Finals |
| 4     | 200m     | Backstroke   | Mixed  | Timed Finals |
| 5     | 100m     | Butterfly    | Mixed  | Timed Finals |
| 6     | 50m      | Breaststroke | Mixed  | Timed Finals |

### Sunday Session 2: 12/U Timed Finals Start time to be confirmed

| Event | Distance | Stroke            | Gender | Timed Finals |
|-------|----------|-------------------|--------|--------------|
| 7     | 200m     | Individual Medley | Mixed  | Timed Finals |
| 8     | 100m     | Backstroke        | Mixed  | Timed Finals |
| 9     | 50m      | Butterfly         | Mixed  | Timed Finals |
| 10    | 200m     | Freestyle         | Mixed  | Timed Finals |
| 11    | 100m     | Breaststroke      | Mixed  | Timed Finals |
| 12    | 50m      | Freestyle         | Mixed  | Timed Finals |



## QUALIFYING TIMES

| LC Male     |              | LC Female   |
|-------------|--------------|-------------|
| <b>12/U</b> | <b>Event</b> | <b>12/U</b> |
| 55.00       | 50m Free     | 55.00       |
| 1:45.00     | 100m Free    | 1:45.00     |
| 3:23.50     | 200m Free    | 3:23.50     |
| 6:15.50     | 400m Free    | 6:15.50     |
| 1:10.00     | 50m Back     | 1:10.00     |
| 2:17.00     | 100m Back    | 2:17.00     |
| 4:03.50     | 200m Back    | 4:03.50     |
| 1:10.00     | 50m Breast   | 1:10.00     |
| 2:20.00     | 100m Breast  | 2:20.00     |
| 4:15.00     | 200m Breast  | 4:15.00     |
| 1:14.00     | 50m Fly      | 1:14.00     |
| 2:10.50     | 100m Fly     | 2:10.50     |
| 3:40.00     | 200m Fly     | 3:40.00     |
| 3:55.00     | 200m IM      | 3:55.00     |
| 7:12.00     | 400m IM      | 7:12.00     |



## MEET CONDITIONS

- This JUNIOR meet is for **COMPETITIVE** and **CLUB** swimmers, aged 12 and under as at the 17th December 2017, who are registered in the SNZ database and are financial as the at the date of the meet.
- There is no qualifying period for this meet.
- Entry times long course. Times may be converted from SC times.
- "NO TIME" will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated time-frame.

### ENTRY PROCESS -

- **ENTRY FEE: \$9.25 per event**
- Entries for Individual events will be online through MyPage on the SNZ membership database.
- Online entries will open at **11am on Monday 23 October 2017** and close at 11.59pm on Sunday 14 January 2018.

NO LATE ENTRIES accepted.

- All enquiries to Rachael Thomas - [swentries@gmail.com](mailto:swentries@gmail.com)
- Age groups for prize money: 12 & Under
- Age Group prizes per event: \$20 = 1st \$15= 2nd \$10= 3rd

### MEET CONDITIONS -

- The meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and FINA Rules', except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Athletes who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athletes (or their Team Manager) to show the Referee their IPC Classification before they swim. The Referee will use their best efforts to judge the swim under the applicable IPC Rules
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Meet Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.



#### PSYCH SHEETS / MEET PROGRAMME —

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by Thursday 18 January 2018. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out a minimum of three days before the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.

#### COMPETITION INFORMATION -

- Access to this meet will be via the main entrance at Waterworld.
- Waterworld charges a \$2.00 entry fee for spectators.
- Team Coaches, Managers, Officials, Timekeepers and Swimmers are exempt from this charge.
- Reseeding may be done at the discretion of the Meet Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Events will be run as mixed gender and timed finals.
- Marshalling Procedure—  
All events will be marshalled for this Junior meet.
- Warm Up Procedure—  
Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.
- Results—  
Results will be posted as soon as possible on the notice board in the complex. Live results will also be accessible via Meet Mobile where the internet connection allows.
- Team Managers Meeting—  
A Team Managers meeting will be held at the start of the warm up of the first session of the meet. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.



#### OFFICIALS -

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.
- Attached is a Coaches, Team Managers and Officials form. This form allows Club Recorders to provide the names of their Team Coaches, Managers, Officials and Timekeepers which will allow the Swimming Waikato Team to manage their entry into the meet.
- The completed form should be returned to Swimming Waikato by 5.00pm on the Monday preceding the meet. Only those people whose names appear on the form will be allowed free entry to the meet.
- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.
- Ratios for Coaches/Managers -  
1-10 swimmers = 2 coaches/managers  
11-20 swimmers = 3 coaches /managers  
21-30 swimmers = 4 coaches/managers  
31+ swimmers = 5 coaches/managers

#### SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made if a medical certificate is provided to the Meet Recorder within 24 hours of the draft psych sheets being circulated. All refunds are at the discretion of the Meet Director.
- **Refunds will not be provided for scratchings received after this time.**
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing.
- For subsequent sessions, scratchings must be submitted no later than 30 minutes **before the end** of the previous session.
- Swimmers will be deemed to have scratched if they are not lined up behind the blocks prior to the start of the race.

#### PROTESTS -

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00, this is payable upon submission of the correctly completed protest form.

#### DISQUALIFICATIONS -

- Disqualifications will be announced and a copy of the DQ form will be put in the Club Team Manager's box.



## EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

### Notified Hazards -

- Floor surfaces may be slippery when wet. *No* running.
- Stadium concrete & seating may be slippery when wet.
- Caution around electronic cords (Starting & Timing equipment)
- Please advise the Referee or pool staff if you observe a potential hazard.
- Please ensure any young children are aware of these hazards.

### In General -

- Please familiarize yourself with the pool layout, exits and equipment.
- And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

### In an emergency -

- If you are required to contact Emergency Services, the address directions are :  
**" 50m indoor Pool Waterworld Garnett Avenue HAMILTON"**
- Please note that Pool Staff are trained in First Aid & CPR.

### For evacuation -

#### **Stay Calm\_\_**

- Three(3) loud blasts on the whistle by the Referee shall clear the pool.
- Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.
- Assembly locations are dependent on the exit used—
  - Side door—assemble opposite the bike racks towards the front of the building
  - Lido door — assemble out towards the boundary fence
  - Main front doors—assemble opposite the bike racks

- Assist Team Managers and Officials to evacuate the swimmers safely.
- Conduct a roll call to account for all persons (Children and Adults) in **your** Club.
- Notify the relevant emergency Services as required.

### During the Meet -

- Please take care to ensure the health and safety of yourself and others
  - Have particular care for those under your direct control



## COACHES, TEAM MANAGERS and OFFICIALS FORM

All clubs attending a Swimming Waikato Regional Meet must fill out this form for each meet. This completed form must be received by Swimming Waikato a minimum of three days prior to the start of the meet. Information received will allow Swimming Waikato to manage the entry process at the meet.

|                   |  |
|-------------------|--|
| <b>MEET NAME:</b> |  |
| <b>DATE:</b>      |  |
| <b>CLUB NAME:</b> |  |

|           | <b>COACHES</b> | <b>MANAGERS</b> | <b>MANAGERS'S MOBILE</b> |
|-----------|----------------|-----------------|--------------------------|
| Session 1 |                |                 |                          |
| Session 2 |                |                 |                          |
| Session 3 |                |                 |                          |
| Session 4 |                |                 |                          |
| Session 5 |                |                 |                          |

| <b>TIMEKEEPERS</b> | <b>NAME</b> | <b>MOBILE NUMBER</b> |
|--------------------|-------------|----------------------|
| Session 1          |             |                      |
| Session 2          |             |                      |
| Session 3          |             |                      |
| Session 4          |             |                      |
| Session 5          |             |                      |
| Session 6          |             |                      |

### Ratio of Coaches/Managers to Swimmers

Clubs are entitled to nominate coaches and team managers based on the number of swimmers they have competing, as follows:

|                |                    |
|----------------|--------------------|
| 1-10 swimmers  | 2 coaches/managers |
| 11-20 swimmers | 3 coaches/managers |
| 21-30 swimmers | 4 coaches/managers |
| 31 + swimmers  | 5 coaches/managers |

Teams may have any combination of coaches and managers.