

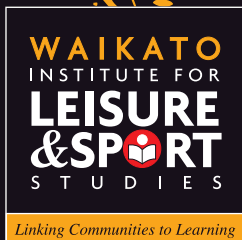


Waikato  
Academy for **Young  
Achievers**

**Aspiring Young  
CHAMPIONS**

**REGISTER NOW!**

**wilss.ac.nz**



**Sport is a challenge – but so is a sporting life.**

Tomorrow's champions need support today to manage the complex and often competing demands of sport, work, study, health and life. Visit our website to enrol in the Academy programme and get support to keep striving and achieve excellence in your chosen sport.

## Future Pathways

The Academy programme provides athletes with tools to excel in their chosen sport and to achieve balance between sport, career and personal life. Successful athletes may also be able to progress on to the Pathway to Podium and/or Sir Edmund Hillary Scholarship programmes.

## Past Academy Achievers include

### Felicity Leydon-Davis

White Fern, NZ Badminton Champion

Jacob Priddey NZ Cross-Country

Emily Perry NZ Golfer

### Oliver Leydon-Davis

NZ Badminton Representative

### Koria Pouri-Lane

Oceania Wrestling Champion

### Shaunna Polley

New Zealand Beach Volleyball

Alison Finch Swimming Bronze

Commonwealth Games

Natalie Dodd White Fern

### Daniel Vettori

NZ Black Cap

*"In my day-to-day sporting life I still use many of the techniques that I learnt at the Academy. Maintaining overall health is vital when you're competing at an elite level of sport. You need to be able to meet the requirements of training and competition without compromising your physical, mental and emotional health. The Waikato Academy for Young Achievers programme addressed these issues head-on."*



# wilss.ac.nz

For further information please  
contact WILSS Phone 07 839 9908  
Email [zelda@wilss.ac.nz](mailto:zelda@wilss.ac.nz)  
Private Bag 3105, Hamilton 3240

# Supporting Tomorrow's CHAMPIONS

The **Waikato Academy for Young Achievers** supports the development and overall well-being of young athletes who aspire to achieve sporting excellence.

### When and where

**Commences:** Second week of term two of the school year

**Hamilton:** Duration three years, with 7 1.5-hour sessions per year on a Friday night, from 5.30-7.00pm

**Rotorua and Thames:** Duration three years, with two full day sessions (usually on a Sunday) per year

### Eligibility

To be eligible for WAYA, an athlete must:

- be nominated by their sport or school.
- be competing at a regional level.

- be aged between 15-17 years old at the commencement of the three year process. If an athlete is achieving representation at a regional level before or after this age they will be considered for entry.

### Core components

The first year focuses on helping athletes to look after themselves holistically.

Topics include:

- dreaming of the international arena.
- creating an image.
- communication on and off the field.
- listening to your body.

Year Two and Three continues to develop the fundamental modules offered in Year One, with more role model involvement from New Zealand's leading elite sports' people.

## Nomination Form also registrations can be done online at [www.wilss.ac.nz](http://www.wilss.ac.nz)

Academy Programme:  Hamilton  Thames/Coromandel  Central Plateau

### Name of Athlete:

Contact Phone [daytime]:

Email:

Postal Address:

Club:

Sport:

Birth Date:

School:

### Name of Nominator:

Contact Phone [daytime]:

General comments to support this nominee:

Upon confirmation that the nominated athlete has been accepted into the programme you will then be tax invoiced for the course fees of \$80.00 that includes a course workbook, certificate of attendance and apparel.

### Please return your completed form to:

Waikato Institute of Leisure & Sport Studies,  
Private Bag 3105, Hamilton 3240

WAIKATO  
INSTITUTE FOR  
LEISURE  
& SPORT  
STUDIES

Linking Communities to Learning