



# PARA SWIMMING CAMP

**NOVEMBER 10<sup>TH</sup>**

**ST PETER'S SCHOOL  
CAMBRIDGE**

## **AGE RANGE**

Primary & Intermediate  
(As well as others interested)

## **COST**

None

## **DRAFT PROGRAM**

- » Introduction  
*Meeting the Team*
- » Dryland Session
- » Pool session  
*60-90 minutes*
- » Lunch BYO
- » Guest Speaker
- » Discussions  
*Moving Forward*
- » Debrief

## **CAMP COACHES**

- » Swimming Waikato  
Hub Head Coach  
*Darren Ward*
- » UAS / Te Arawa  
Coach  
*Henk Greupink*
- » St Paul's Swimming  
Club Head Coach  
*Graham Smith*
- » And more to be  
confirmed...

We would like to encourage as many Para swimmers or potential Para swimmers to attend as possible, so please make sure to spread the word!



For more information or to book visit:  
**[www.swimmingwaikato.co.nz](http://www.swimmingwaikato.co.nz)**  
or contact our Hub Head Coach  
**[darren@swimmingwaikato.co.nz](mailto:darren@swimmingwaikato.co.nz)**