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WAIKATO JUNIOR CHAMPIONSHIPS 2020

Venue: Waterworld, Hamilton

Date: 4 – 5 April 2020

Schedule:

Saturday 4 April 2020

Session 1: Warm up— 7.30am. Racing starts at 8.30am.

Session 2: Racing starts 1 hour after the completion of Session 1, including warm up

Sunday 5 April 2020

Session 3: Warm up— 9.15am. Racing starts at 10.15am.

Session 4: Racing starts 1 hour after the completion of Session 1, including warm up

RATIONALE – A great opportunity for our 9/U,10, 11 & 12 year old swimmers to demonstrate the race skills that they have been working on within their home programs. This meet should be a fun introduction to competition on a regional level but ultimately an awesome opportunity to represent the best of Junior Swimming in the Waikato. At this level of meet, a big focus needs to be around not only how fast the swimmer swims but more importantly, what lessons they can learn from each race and how skilled each swimmer can be under race conditions. These swimmers are at the early stages of their competitive development so fun needs to be at the centre of their learning, learn from the feedback and celebrate all levels of success.

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MEET EVENTS

SATURDAY SESSION 1				SATURDAY SESSION 2			
Warm up 7.30am. Racing starts 8.30am				Racing starts 1 hour after completion of Session 1 including Warm up			
Event		Gender	Age	Event		Gender	Age
1	400 Free	F	12years & Under	29	100m Free	F	9 years & Under
2		M	12years & Under	30		M	9 years & Under
3	50m Breast	F	9 years & Under	31		F	10years
4		M	9 years & Under	32		M	10years
5		F	10years	33		F	11 years
6		M	10years	34		M	11 years
7		F	11 years	35		F	12 years
8		M	11 years	36		M	12 years
9		F	12 years	37	50m Fly	F	9 years & Under
10		M	12 years	38		M	9 years & Under
11	200 Back	F	9 years & Under	39		F	10years
12		M	9 years & Under	40		M	10years
13		F	10years	41		F	11 years
14		M	10years	42		M	11 years
15		F	11 years	43		F	12 years
16		M	11 years	44		M	12 years
17		F	12 years	45	100m Back	F	9 years & Under
18		M	12 years	46		M	9 years & Under
19	100m Fly	F	9 years & Under	47		F	10years
20		M	9 years & Under	48		M	10years
21		F	10years	49		F	11 years
22		M	10years	50		M	11 years
23		F	11 years	51		F	12 years
24		M	11 years	52		M	12 years
25		F	12 years	53	200m IM	F	9 years & Under
26		M	12 years	54		M	9 years & Under
27	4x50 Medley Relay	F	12years & Under	55		F	10years
28	4x50 Medley Relay	M	12years & Under	56		M	10years
				57		F	11 years
				58		M	11 years
				59		F	12 years
				60		M	12 years

We would like to the following organisations for their ongoing support of Swimming Waikato -
 Grassroots Trust | Lion Foundation Brian Perry Charitable Trust | Trust Waikato | WEL Energy Trust | NZCT
 Deloitte Private | The Southern Trust | New Zealand Racing Board | Swim T3 | Ingham Hyundai | Emblems |
 Paterson Burn | KPMG | Bartercard| Canon Business Solutions | Subway Te-Rapa

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SUNDAY SESSION 3:				SUNDAY SESSION 4:			
Warm up 9.15am. Racing starts 10.15am				Racing starts 1 hour after completion of Session 1 including Warm up			
61	400IM	F	12years & Under	87	200M Fly	F	12 years & Under
62		M	12years & Under	88		M	12 years & Under
63	50m Free	F	9 years & Under	89	100m Breast	F	9 years & Under
64		M	9 years & Under	90		M	9 years & Under
65		F	10years	91		F	10years
66		M	10years	92		M	10years
67		F	11 years	93		F	11 years
68		M	11 years	94		M	11 years
69		F	12 years	95		F	12 years
70		M	12 years	96		M	12 years
71	200m Breast	F	9 years & Under	97	200m Free	F	9 years & Under
72		M	9 years & Under	98		M	9 years & Under
73		F	10years	99		F	10years
74		M	10years	100		M	10years
75		F	11 years	101		F	11 years
76		M	11 years	102		M	11 years
77		F	12 years	103		F	12 years
78		M	12 years	104		M	12 years
79	50m Back	F	9 years & Under	105	100m IM	F	9 years & Under
80		M	9 years & Under	106		M	9 years & Under
81		F	10years	107		F	10years
82		M	10years	108		M	10years
83		F	11 years	109		F	11 years
84		M	11 years	110		M	11 years
85		F	12 years	111		W	12 years
86		M	12 years	112		M	12 years
				113	4x50 Free Relay	W	12 years & under
				114	4x50 Free Relay	M	12 years & under

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MEET CONDITIONS

- This event is for COMPETITIVE swimmers, aged 12 and under as at the 31 December 2019, who are registered in the SNZ database and are financial as at the date of the meet.
- **Age as at 31 December 2019**
- Technical Director—Linda Bulman
- There is no qualifying period for this meet.
- Entry times short course. Times may be converted from Long Course times.
- Database times only. “NO TIME” will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated time-frame.

ENTRY PROCESS -

- **ENTRY FEE: \$9.75 per event**
- Entries for Individual events will be online through MyPage on the SNZ membership database.
- Online entries will close at 11.59pm on 22 March 2020. Late entries will be accepted up until the date that the FINAL meet programme is available on the Swimming Waikato website. Late entries will incur a fee of \$50.00 per swimmer which must be paid to Swimming Waikato prior to the start of the meet —12 3122 0312567 00.
- All enquiries to Rachael Thomas swentries@gmail.com

MEET SPECIFIC INFORMATION -

- 200 Fly and 400 IM will be limited to the top 8 male and female swimmers
- 400 Free will be limited to the top 16 male and female swimmers
- Visitors will receive a visitor medal if finishing 1st, 2nd or 3rd (only 2 visitor medals per event)
- Age Groups will be as follows:
 - 12 yrs and Under: 400 Freestyle, 200 Fly, 400 IM and all Relays
 - All other events—9yrs/U, 10 yrs, 11 yrs and 12 yrs
- Swimming Waikato Medals will be awarded to the first three Waikato swimmers in the age groups noted above.
- Medal presentation ceremonies will be held for all events. A musical fanfare will be used to indicate the Victory Ceremony. The following dress standard is required for medal ceremonies: Club or regional t-shirt, sweatshirt or jacket. No caps or goggles. No towels to be wrapped around the waist. Tracksuit bottoms or shorts are not required.
- Finalist ribbons will be given to 4th to 8th place-getters.
- The meet will be conducted under Swimming New Zealand’s, Swimming Rules and FINA rules except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.

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- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.

PSYCH SHEETS / MEET PROGRAMME —

- Draft psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by 5.00pm, Friday 27 March 2020—swentries@gmail.com. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out a minimum of three days before the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.

COMPETITION INFORMATION -

- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.

• Marshalling Procedure—

Marshalling will be employed during all sessions. Swimmers will need to be at marshalling 4 heats prior to their event. For all 50m events swimmers need to be at marshalling 6 heats prior to their event.

• Warm Up Procedure—

Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.

• Results—

Live results will be accessible via Meet Mobile where the internet connection allows.

• Team Managers Meeting—

A Team Managers meeting will be held at the start of the warm up of the first session of the meet. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.

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OFFICIALS -

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.
- Attached is a Coaches, Team Managers and Officials form. This form allows Club Recorders to provide the names of their Team Coaches, Managers and Officials, including Timekeepers.
- The completed form should be returned to Swimming Waikato by 5.00pm on the Monday preceeding the meet.
- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.
- Ratios for Coaches/Managers -
 - 1-10 swimmers = 2 coaches/managers
 - 11-20 swimmers = 3 coaches /managers
 - 21-30 swimmers = 4 coaches/managers
 - 31+ swimmers = 5 coaches/managers

SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made if a medical certificate is provided to the Meet Recorder before the end of the meet. All refunds are at the discretion of the Meet Director.
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing.
- For subsequent sessions, scratchings must be submitted no later than 30 minutes **before the end** of the previous session immediately prior to the session in which the scratching is to be effective.
- Swimmers will be deemed to have scratched if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event and the \$50.00 withdrawal fee will apply.

PROTESTS -

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00, this is payable upon submission of the correctly completed protest form.

DISQUALIFICATIONS -

- Disqualifications will be announced and a copy of the DQ form will be put in the Club Team Manager's box.

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COACHES, TEAM MANAGERS and OFFICIALS FORM

All clubs attending a Swimming Waikato Regional Meet must fill out this form for each meet. This completed form must be received by Swimming Waikato by 5.00pm on the Monday preceding the meet. Information received will allow Swimming Waikato to manage the entry process at the meet.

MEET NAME:	
DATE:	
CLUB NAME:	

	COACHES	MANAGERS	MANAGERS'S MOBILE
Session 1			
Session 2			
Session 3			
Session 4			

TIMEKEEPERS	NAME	MOBILE NUMBER
Session 1		
Session 2		
Session 3		
Session 4		

Ratio of Coaches/Managers to Swimmers

Clubs are entitled to nominate coaches and team managers based on the number of swimmers they have competing, as follows:

1-10 swimmers	2 coaches/managers
11-20 swimmers	3 coaches/managers
21-30 swimmers	4 coaches/managers
31 + swimmers	5 coaches/managers