

# WAIKATO JUNIOR SWIMMING CHAMPIONSHIPS

20-21 MAR. BRIGHT FUTURES.

SWIMMING WAIKATO  
COMPETITIONS



## Waikato Junior Swimming Championships

**Venue:** St Peter's School, Cambridge

**Date:** 20 – 21 March 2021

Short Course (25m)

### Saturday 20 March

Session 1: Warm up— 9.00am. Racing starts at 10.00am.

Session 2: Racing starts 1 hour after the completion of Session 1, including warm up

### Saturday 21 March

Session 3: Warm up— 9.00am. Racing starts at 10.00am.

Session 4: Racing starts 1 hour after the completion of Session 1, including warm up

**Meet Rationale** – The Waikato Junior Swimming Championships will act as the pinnacle junior event for 12/U swimmers from the Waikato and beyond. The meet is a great opportunity for our 9/u, 10, 11 & 12-year-old swimmers to demonstrate the key race skills they have been working on within their home programs.

This meet should be a fun introduction to competition on a regional championship level but ultimately an awesome opportunity to represent the very best of Junior swimming in the Waikato. At this level of meet, a big focus will be around not only how fast the swimmer races but more importantly, at this stage, what lessons can be learned from each race.

We look forward to welcoming you all to St Peter's, Cambridge and to having a fun filled Waikato Junior Swimming Championships...***See you there!***



*teamline*<sup>™</sup>



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## MEET EVENTS

SATURDAY SESSION 1				SATURDAY SESSION 2			
Warm up 9.00am. Racing starts 10.00am				Racing starts 1 hour after completion of Session 1 including Warm up			
Event		Gender	Age	Event		Gender	Age
1	400 Free	F	12years & Under	29	100m Free	F	9 years & Under
2		M	12years & Under	30		M	9 years & Under
3	50m Breast	F	9 years & Under	31		F	10years
4		M	9 years & Under	32		M	10years
5		F	10years	33		F	11 years
6		M	10years	34		M	11 years
7		F	11 years	35		F	12 years
8		M	11 years	36		M	12 years
9		F	12 years	37	50m Fly	F	9 years & Under
10		M	12 years	38		M	9 years & Under
11	200 Back	F	9 years & Under	39		F	10years
12		M	9 years & Under	40		M	10years
13		F	10years	41		F	11 years
14		M	10years	42		M	11 years
15		F	11 years	43		F	12 years
16		M	11 years	44		M	12 years
17		F	12 years	45	100m Back	F	9 years & Under
18		M	12 years	46		M	9 years & Under
19	100m Fly	F	9 years & Under	47		F	10years
20		M	9 years & Under	48		M	10years
21		F	10years	49		F	11 years
22		M	10years	50		M	11 years
23		F	11 years	51		F	12 years
24		M	11 years	52		M	12 years
25		F	12 years	53	200m IM	F	9 years & Under
26		M	12 years	54		M	9 years & Under
27	4x50 Medley Relay	F	12years & Under	55		F	10years
28	4x50 Medley Relay	M	12years & Under	56		M	10years
				57		F	11 years
				58		M	11 years
				59		F	12 years
				60		M	12 years



<b>SUNDAY SESSION 3:</b>				<b>SUNDAY SESSION 4:</b>			
Warm up 9.00am. Racing starts 10.00am				Racing starts 1 hour after completion of Session 3 including Warm up			
61	400IM	F	12years & Under	87	200M Fly	F	12 years & Under
62		M	12years & Under	88		M	12 years & Under
63	50m Free	F	9 years & Under	89	100m Breast	F	9 years & Under
64		M	9 years & Under	90		M	9 years & Under
65		F	10years	91		F	10years
66		M	10years	92		M	10years
67		F	11 years	93		F	11 years
68		M	11 years	94		M	11 years
69		F	12 years	95		F	12 years
70		M	12 years	96		M	12 years
71	200m Breast	F	9 years & Under	97	200m Free	F	9 years & Under
72		M	9 years & Under	98		M	9 years & Under
73		F	10years	99		F	10years
74		M	10years	100		M	10years
75		F	11 years	101		F	11 years
76		M	11 years	102		M	11 years
77		F	12 years	103		F	12 years
78		M	12 years	104		M	12 years
79	50m Back	F	9 years & Under	105	100m IM	F	9 years & Under
80		M	9 years & Under	106		M	9 years & Under
81		F	10years	107		F	10years
82		M	10years	108		M	10years
83		F	11 years	109		F	11 years
84		M	11 years	110		M	11 years
85		F	12 years	111		W	12 years
86		M	12 years	112		M	12 years
					4x50 Free		
				113	Relay	W	12 years & under
					4x50 Free		
				114	Relay	M	12 years & under



## MEET CONDITIONS

- This event is for COMPETITIVE swimmers, aged 12 and under
- **Age as at 31 DECEMBER 2020**
- Meet Director— **Russell Strange**
- There is no qualifying period for this meet.
- Entry times short course. Times may be converted from Long Course times.
- Database times only. “NO TIME” will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated time frame.

## ENTRY PROCESS –

- **ENTRY FEE: \$10.50 per event**
  - Entries for Individual events will be online through **FAST LANE** on the SNZ membership database.
  - Online entries close at 11.59pm on Thursday 11 March 2021
- Late entries will incur a fee of \$50 per swimmer, which must be paid to Swimming Waikato prior to the start of the meet – Account no: 12-3122-0312567-00
- All enquiries to Rachael Thomas [swentries@gmail.com](mailto:swentries@gmail.com)

## MEET SPECIFIC INFORMATION -

- 200 Fly and 400 IM will be limited to the top 10 male and female swimmers
- 400 Free will be limited to the top 20 male and female swimmers
- Out of Region Swimmers: Visitors rule will apply for 200 Fly, 400IM and 400 Free—only two out of region swimmers per timed final unless there are less than 10 Waikato swimmers entered.
- Visitors will receive a visitor medal if finishing 1st, 2nd or 3rd (only 2 visitor medals per event)
- Age Groups will be as follows:
  - 12 yrs and Under: 400 Freestyle, 200 Fly, 400 IM and all Relays
  - All other events—9yrs/U, 10 yrs, 11 yrs and 12 yrs
- Swimming Waikato Medals will be awarded to the first three Waikato swimmers in the age groups noted above.
- Medal presentation ceremonies will be held for all events. A musical fanfare will be used to indicate the Victory Ceremony. The following dress standard is required for medal ceremonies: Club or regional t-shirt, sweatshirt or jacket. No caps or goggles. No towels to be wrapped around the waist. Tracksuit bottoms or shorts are not required.
- Finalist ribbons will be given to 4th to 10th place-getters.



- The meet will be conducted under Swimming New Zealand's, Swimming Rules and FINA rules except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.

#### **Marshalling Procedure—**

Marshalling will be employed during all sessions. Swimmers will need to be at marshalling 4 heats prior to their event. For all 50m events swimmers need to be at marshalling 6 heats prior to their event.

#### **Warm Up Procedure—**

Lane 1 shall be for Para swimmers (if applicable) and Lanes 9 and 10 will be sprint lanes for the duration of each warm-up.

#### **Results—**

Live results will be accessible via Meet Mobile where the internet connection allows.

#### **Team Managers Meeting—**

A Team Managers meeting will be held at the start of the warmup of the first session of the meet. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.



## **OFFICIALS -**

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.
- Please find below the google link to the Coaches, Team Managers and Officials form. This form allows Club Recorders to provide the names of their Team Coaches, Managers and Officials, including Timekeepers.

## **Ratios for Coaches/Managers -**

- 1-10 swimmers = 2 coaches/managers
- 11-20 swimmers = 3 coaches /managers
- 21-30 swimmers = 4 coaches/managers
- 31+ swimmers = 5 coaches/managers

## **GOOGLE FORM LINK:**

### **[Waikato Junior Swimming Championships - Volunteers](#)**

- The completed form should be returned to Swimming Waikato by 5.00pm on the Monday preceding the meet.
- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.

## **PSYCH SHEETS / MEET PROGRAMME —**

- Draft psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by 5.00pm, Tuesday 16 March 2021—[swentries@gmail.com](mailto:swentries@gmail.com). Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out a minimum of three days before the start of the meet.



- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.

#### **SCRATCHINGS / WITHDRAWALS -**

- Refunds will only be made if a medical certificate is provided to the Meet Recorder before the end of the meet. All refunds are at the discretion of the Meet Director.
- Scratchings for the first session must be submitted to the Control Room no later than 1-hour prior to the start of racing.
- For subsequent sessions, scratchings must be submitted no later than 30 minutes **before the end** of the previous session immediately prior to the session in which the scratching is to be effective.
- Swimmers will be deemed to have scratched if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event and the \$50.00 withdrawal fee will apply.

#### **PROTESTS -**

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.

#### **DISQUALIFICATIONS -**

- Disqualifications will be announced and a copy of the DQ form will be available to collect from the announcers' desk.





## EMERGENCY & SAFETY PROCEDURES – ST PETER’S SCHOOL

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

### Notified Hazards -

Floor surfaces may be slippery when wet. *No* running.

Pool side & seating may be slippery when wet.

Caution around electronic cords (Starting & Timing equipment)

Please advise the Referee or pool staff if you observe a potential hazard.

Please ensure any young children are aware of these hazards.

As pool is outdoors, please ensure all precautions are taken to protect from the sun

### In General -

Please familiarize yourself with the pool layout, exits and equipment.

And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

### In an emergency -

If you are required to contact Emergency Services, the address directions are:

**“25m Outdoor Pool - St Peter’s School, CAMBRIDGE”**

Please note that Pool Staff are trained in First Aid & CPR.

### For evacuation -

#### **Stay Calm** \_\_\_\_\_

Three (3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Children and Adults) in **your** Club.

Notify the relevant emergency Services as required.

### During the Meet -

Please take care to ensure the health and safety of yourself and others.

