



*#weare
waikato*

National & Regional
Competition Guide

Swimming New Zealand Operated Meets – What’s new?

Junior Festivals

- Removal of the 100m IM rule
- No requirement for time to be achieved at an approved meet
- Available to club and competitive swimmers

2021 Aon NZ Swimming Championships

- Short Course converted times permitted
- Age as of 30 April 2021
- Qualifying period is 1 January 2020 – 8 March 2021
- 17/18 yr olds included
 - o No age group final in isolation
 - o Medals will be awarded from the fastest finals performance from either A, B or C final

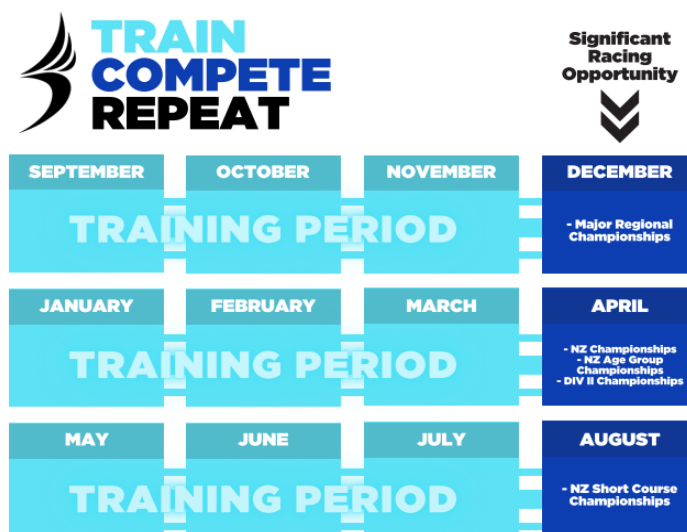
2021 Aon NZ Age Group Championships

- Short Course converted times permitted
- Age as of 30 April 2021
- Para races introduced

2021 NZ Division II Championships

- 13 – 18 yr olds permitted
- Long Course converted times permitted

The new Swimming New Zealand calendar restructure will see the year reformed into three distinct training and competition cycles, each of these three cycles will lead into a significant target meet. Moving forward, the annual calendar will be referred to as a Seasonal Calendar as it will straddle two calendar years. Ex 2020/2021.



Swimming Waikato Operated Meets – What's new?

Junior Swimmers

- Waikato Juniors elevated to pinnacle meet for Waikato junior age swimmers in the region
- No longer a requirement for 12/u swimmers to gain 'approved times' for qualification to Zonal Juniors
- Ability for clubs to host increased number and variation of junior meets
- Junior swimmers from Summer Only clubs will have the opportunity to compete at pinnacle junior meet prior to the closing of their summer season

Age Group & Senior Swimmers

- Swimmers will now have three clearly defined training blocks which all lead into a Key Target Meet, this will allow for proper training adaptation and race ready periods.
- An increased elevation for the Waikato Swimming Championships as a Key Target Meet in December

General

- Swimmers Waikato have already updated our calendar in line with Swimming New Zealand to show the 2020/21 Season
- All meets should hold a purpose beyond financial implications with meet rationale being clearly explained on the meet flyer

Waikato Championship Meets Update

- Waikato Senior Swimming Championships to be titled **Waikato Swimming Championships**
- Waikato Juniors to be titled **Waikato Junior Swimming Championships**



Waikato Meets Overview -

Waikato Swimming Championships (13+ National Qualifying Meet) -

- December
- 3 day meet (long course)
- Qualifying times as per meet flyer
- National Qualifying Meet
- Age Groups – 13, 14, 15, 16, 17+
- Incorporates **Waikato Distance Championships** – 12/u, 13, 14, 15, 16, 17+
- Qualifying opportunity for Regional & National Meets

Meet Purpose: To crown the the regional champions in each event and to act as a qualifying opportunity for National Age Groups and National Championships. This meet will act as a **significant race opportunity**, following the Sept to Dec training period.

Waikato Junior Swimming Championships -

- March
- 2 day meet (short course)
- Age-group 10/u, 11 & 12, (Male & Female)
- Qualifying times as per meet flyer
- Competitive affiliated swimmers only
- Includes Junior Relay Events
- Qualifying opportunity for Regional & National Meets

Meet Purpose: To crown the regional junior champions in each event and provided swimmers with the experience of competing in a full FINA approved meet (full complement of technical officials).



Waikato Summer Long Course (13+ National Qualifying Meet) -

- March
- 2 day meet (Long Course)
- Open to all ages 9 years+
- Competitive and Club affiliated swimmers
- Qualifying times as per meet flyer
- Hit Out for Opens & Nags
- Long Course
- 4 sessions
- Qualifying opportunity for Regional & National Meets

Meet Purpose: Meet Purpose: To provide a qualification opportunity for National Age Group and National Championships. For 12 & under swimmers this meet will be an opportunity to race in two short and fast afternoon sessions, a great development opportunity for our up and coming swimmers.

Waikato Winter Short Course (13+ National Qualifying Meet) -

- July
- 2 day meet (Short Course)
- Qualifying times as per meet flyer
- Hit Out for New Zealand Short Course Nationals
- 4 sessions
- Qualifying opportunity for Regional & National Meets

Meet Purpose: To provide a qualification opportunity for National Short Course Championships for 13+ swimmers. For 12 & under swimmers this meet will be an opportunity to race in two short and fast afternoon sessions, a great development opportunity for our up and coming swimmers.

Waikato Regional Squad Meets Overview -

International Tours – Waikato Regional Squads

As directed by the Regional Squad Coaches and Swimming Waikato Hub Director.

Purpose: To provide our region's top performing swimmers with international racing exposure, to learn and develop the racing skills required to compete against the very best in the World.

Regional Tours – Waikato Regional Squads

As directed by the Regional Squad Coaches and Swimming Waikato Hub Director.

Purpose: To provide our region's top performing junior swimmers with inter-regional racing exposure, to provide fun and informative racing opportunities outside of their home region

