

Teamline Swimming Waikato Championships

Venue: Waterworld Aquatics Centre, Hamilton

Date: 25-27 Feb 2022 **Long Course (50m)**

Friday 25 Feb

Bubble 1 (15yrs+): Warm up—3pm. Racing starts at 3:45pm Bubble 2 (13-14yrs): Warm up—5:15pm. Racing starts at 6:00pm

Saturday 26 Feb

Bubble 1 (15yrs+): Warm up—8:00am. Racing starts at 09:00am
Bubble 2 (13-14yrs): Warm up—11:00am. Racing starts at 12:00am
Exhibition Finals (15yrs+): Warm up—5pm. Racing starts at 6pm

Sunday 27 Feb

Bubble 1 (15yrs+): Warm up—8:00am. Racing starts at 09:00am
Bubble 2 (13-14yrs): Warm up—11:00am. Racing starts at 12:00am
Exhibition Finals (15yrs+): Warm up—5pm. Racing starts at 6pm

Session times are a guidance and may alter once all entries are in and session timelines are reported. We will endeavor to keep everyone informed ahead of time.

We ask that swimmers take a fair use approach to entering events. Ideally individual swimmers are entering a **minimum** of 3 events per session (where possible) to ensure this hard fought for racing opportunity is maximised and that each event is as competitive as possible. Thank you!







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MEET RATIONALE – The Swimming Waikato Championships would normally act as the premier 13yrs+ Long Course racing opportunity for the conclusion of the September to December Training Period, however due to Covid-19 restrictions, the meet has been re-located to February 2022. This competition will act as both the Swimming Waikato Championships and also the New Zealand trials for the 2022 Commonwealth Games

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming Waikato will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming Waikato reserve the right to use discretion and make judgements to the contents and rules outlined in this document.

Original: 11/01/2022 Edited: 02/02/2022

Swimming Waikato takes seriously, the Health and Safety of its members and all those involved in Swimming Waikato Events, we therefore ask that you familiarise yourselves with our Covid-19 and General H&S protocols prior to attending.

For the latest information, please check the Swimming Waikato calendar to ensure you have the most up to date version.

<u>The Swimming Waikato Championships and all future Swimming Waikato Competitions will operate under Swimming New Zealand's COVID-19 Vaccination Policy – Dec 2021</u>





MEET QUALIFICATION TIMES

MALE (LC)		EVENT	FEMA	LE (LC)
15+	13-14	EVEINI	13-14	15+
00:41.00	00:49.00	50m FREE	00:49.00	00:41.00
01:19.50	01:28.00	100m FREE	01:28.00	01:21.50
02:53.50	03:03.50	200m FREE	03:03.50	03:00.00
05:53.50	06:15.50	400m FREE	06:15.50	05:53.50
22:00.00	22:00.00	1500m FREE	22:00.00	22:00.00
00:44.50	00:55.50	50m BACK	00:55.50	00:45.50
01:31.00	01:44.00	100m BACK	01:44.00	01:35.00
03:13.50	03:23.50	200m BACK	03:23.50	03:16.00
00:50.00	00:58.00	50m BREAST	00:58.00	00:52.50
01:43.50	02:02.00	100m BREAST	02:02.00	01:46.50
03:40.00	03:58.00	200m BREAST	03:58.00	03:40.00
00:48.50	00:58.00	50m FLY	00:58.00	00:48.50
01:32.50	02:01.50	100m FLY	02:01.50	01:32.50
03:25.00	03:30.00	200m FLY	03:30.00	03:25.00
03:17.00	03:40.50	200m IM	03:40.50	03:17.00
06:48.00	06:48.00	400m IM	06:48.00	06:48.00





MEET EVENTS

FRIDAY SESSION 1 - BUBBLE 1							
Event	Distance	Stroke	Gender	Age	Event Type		
1	1500m	Freestyle	Female	15+	Timed Final		
2	1500m	Freestyle	Male	15+	Timed Final		
3	200m	Butterfly	Female	15+	Timed Final		
4	200m	Butterfly	Male	15+	Timed Final		
5	200m	Breaststroke	Female	15+	Timed Final		
6	200m	Breaststroke	Male	15+	Timed Final		

FRIDAY SESSION 2 - BUBBLE 2							
Event	Distance	Stroke	Gender	Age	Event Type		
1	1500m	Freestyle	Female	13-14	Timed Final		
2	1500m	Freestyle	Male	13-14	Timed Final		
3	200m	Butterfly	Female	13-14	Timed Final		
4	200m	Butterfly	Male	13-14	Timed Final		
5	200m	Breaststroke	Female	13-14	Timed Final		
6	200m	Breaststroke	Male	13-14	Timed Final		





SATURDAY SESSION 3 – BUBBLE 1							
Event	Distance	Stroke	Gender	Age	Event Type		
7	400m	Freestyle	Female	15+	Timed Final		
8	400m	Freestyle	Male	15+	Timed Final		
9	50m	Breaststroke	Female	15+	Timed Final		
10	50m	Breaststroke	Male	15+	Timed Final		
11	200m	Backstroke	Female	15+	Timed Final		
12	200m	Backstroke	Male	15+	Timed Final		
13	200m	IM	Female	15+	Timed Final		
14	200m	IM	Male	15+	Timed Final		
15	100m	Butterfly	Female	15+	Timed Final		
16	100m	Butterfly	Male	15+	Timed Final		
17	50m	Backstroke	Female	15+	Timed Final		
18	50m	Backstroke	Male	15+	Timed Final		
19	100m	Freestyle	Female	15+	Timed Final		
20	100m	Freestyle	Male	15+	Timed Final		

SATURDAY SESSION 4 – BUBBLE 2							
Event	Distance	Stroke	Gender	Age	Event Type		
7	400m	Freestyle	Female	13-14	Timed Final		
8	400m	Freestyle	Male	13-14	Timed Final		
9	50m	Breaststroke	Female	13-14	Timed Final		
10	50m	Breaststroke	Male	13-14	Timed Final		
11	200m	Backstroke	Female	13-14	Timed Final		
12	200m	Backstroke	Male	13-14	Timed Final		
13	200m	IM	Female	13-14	Timed Final		
14	200m	IM	Male	13-14	Timed Final		
15	100m	Butterfly	Female	13-14	Timed Final		
16	100m	Butterfly	Male	13-14	Timed Final		
17	50m	Backstroke	Female	13-14	Timed Final		
18	50m	Backstroke	Male	13-14	Timed Final		
19	100m	Freestyle	Female	13-14	Timed Final		
20	100m	Freestyle	Male	13-14	Timed Final		





SATURDAY SESSION 5 (Exhibition Finals) – BUBBLE 1							
Event	Distance	Stroke	Gender	Age	Event Type		
7EX	400m	Freestyle	Female	15+	Exhibition Final		
8EX	400m	Freestyle	Male	15+	Exhibition Final		
9EX	50m	Breaststroke	Female	15+	Exhibition Final		
10EX	50m	Breaststroke	Male	15+	Exhibition Final		
11EX	200m	Backstroke	Female	15+	Exhibition Final		
12EX	200m	Backstroke	Male	15+	Exhibition Final		
13EX	200m	IM	Female	15+	Exhibition Final		
14EX	200m	IM	Male	15+	Exhibition Final		
15EX	100m	Butterfly	Female	15+	Exhibition Final		
16EX	100m	Butterfly	Male	15+	Exhibition Final		
17EX	100m	Freestyle	Female	15+	Exhibition Final		
18EX	100m	Freestyle	Male	15+	Exhibition Final		
19EX	50m	Backstroke	Female	15+	Exhibition Final		
20EX	50m	Backstroke	Male	15+	Exhibition Final		





SUNDAY SESSION 6 – BUBBLE 1							
Event	Distance	Stroke	Gender	Age	Event Type		
21	400m	IM	Female	15+	Timed Final		
22	400m	IM	Male	15+	Timed Final		
23	50m	Butterfly	Female	15+	Timed Final		
24	50m	Butterfly	Male	15+	Timed Final		
25	100m	Backstroke	Female	15+	Timed Final		
26	100m	Backstroke	Male	15+	Timed Final		
27	200m	Freestyle	Female	15+	Timed Final		
28	200m	Freestyle	Male	15+	Timed Final		
29	100m	Breaststroke	Female	15+	Timed Final		
30	100m	Breaststroke	Male	15+	Timed Final		
31	50	Freestyle	Female	15+	Timed Final		
32	50	Freestyle	Male	15+	Timed Final		

SUNDAY SESSION 7 – BUBBLE 2							
Event	Distance	Stroke	Gender	Age	Event Type		
21	400m	IM	Female	13-14	Timed Final		
22	400m	IM	Male	13-14	Timed Final		
23	50m	Butterfly	Female	13-14	Timed Final		
24	50m	Butterfly	Male	13-14	Timed Final		
25	100m	Backstroke	Female	13-14	Timed Final		
26	100m	Backstroke	Male	13-14	Timed Final		
27	200m	Freestyle	Female	13-14	Timed Final		
28	200m	Freestyle	Male	13-14	Timed Final		
29	100m	Breaststroke	Female	13-14	Timed Final		
30	100m	Breaststroke	Male	13-14	Timed Final		
31	50	Freestyle	Female	13-14	Timed Final		
32	50	Freestyle	Male	13-14	Timed Final		





SUNDAY SESSION 8 (Exhibition Finals) – BUBBLE 1							
Event	Distance	Stroke	Gender	Age	Event Type		
21EX	400m	IM	Female	15+	Exhibition Final		
22EX	400m	IM	Male	15+	Exhibition Final		
23EX	50m	Butterfly	Female	15+	Exhibition Final		
24EX	50m	Butterfly	Male	15+	Exhibition Final		
25EX	100m	Backstroke	Female	15+	Exhibition Final		
26EX	100m	Backstroke	Male	15+	Exhibition Final		
27EX	200m	Freestyle	Female	15+	Exhibition Final		
28EX	200m	Freestyle	Male	15+	Exhibition Final		
29EX	100m	Breaststroke	Female	15+	Exhibition Final		
30EX	100m	Breaststroke	Male	15+	Exhibition Final		
31EX	50	Freestyle	Female	15+	Exhibition Final		
32EX	50	Freestyle	Male	15+	Exhibition Final		





ENTRY PROCESS -

- Entry Fee: \$11.50 per event
- Entries for Individual events will be online through <u>FASTLANE</u> on the SNZ membership database.
- Online entries will close at 11:59pm 15 February 2022.
- Due to the limited number of swimmers allowed to compete, we encourage a fair-use approach to entering events. Ideally swimmers are entering multiple events (2-3 min)
- Late entries subject to space
- Late entries will incur a fee of \$50.00 per swimmer which must be paid to Swimming Waikato prior to the start of the meet—12 3122 0312567 00.
- All entry enquiries to Kaye-Marie McCaskill-Day swentries@gmail.com
- Event cancellation may occur in the event of a circumstance outside of Swimming Waikato's control, such as a force majeure event or a government/facility-imposed restriction(s), that impacts our ability to deliver the event. If the event has not commenced and is cancelled more than 10 days prior to starting, the participant will receive a full refund. If the event is cancelled within 10 days of commencing, or has commenced, the participant may receive a partial refund at the sole discretion of Swimming Waikato. The level of refund shall be determined by considering the costs already incurred by Swimming Waikato which cannot be recouped.

MEET CONDITIONS -

- Technical Director TBC
- This event is for 13yr+ Competitive swimmers who are registered in the SNZ database and are financial as at the date of the meet.
- This meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and FINA Rules', except where local meet rules and conditions apply.
- Age as at 31 December 2021.
- There is no qualifying period for this meet.
- Entry times long course. Times may be converted from short course times.
 - Conversion calculator
- "NO TIME" will not be accepted.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Participants who have entered this event agree to allow photograph, video, multimedia
 or film likeness taken by accredited photographers to be used for any legitimate purpose
 by Swimming Waikato.
- Swimmers who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes based on entry





- times. The Referee will have a list of Para swimmer's Codes of Exception and will use their best efforts to judge the swim under the applicable World Para Swimming Rules.
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.

FINALS

- Due to the new Sport New Zealand guidelines, we are not able to mix swimmers from Bubble 1 & 2 to conduct evening Finals Bubble, therefore exhibition finals will be swum in the evening sessions and will consist of the top 8 swimmers (if available) from the morning 15yrs+ session.
- All **morning events** will be swum as timed finals

RESULTS

- Results will be available on both the <u>MyTogs</u> & <u>MeetMobile</u> Apps
- Session results will also be made available on the homepage of the <u>Swimming Waikato</u> website

MEDALISTS

- Age Group Medals will be awarded in the following age groups 13, 14, 15, 16+
- No Open Medals will be awarded
- Age Group medals will be awarded to a maximum of 'one' out of region swimmers per event

MEDAL CERAMONIES

• To minimise movement around pool-side, medals will be made available to clubs at the conclusion of both 15+ and 13-14yr sessions for clubs to issue.





SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made on receipt of a medical certificate which is to be made available to the Meet Recorder. All refunds are at the discretion of the Technical Director.
- Scratchings need to be submitted the evening before via email to swentries@gmail.com
- Swimmers will be deemed to have scratched from races if they are not lined up behind the blocks prior to the start of the race.
- Any competitor who fails to notify the meet recorder of their intention to scratch from the timed finals the evening before the race will pay without excuse to Swimming Waikato a \$30.00 penalty fee. Applies to all swimmers.
- Any competitor who withdraws from the 'exhibition final' more than 30 mins after the morning swim in which qualification was earned shall pay without excuse to Swimming Waikato a \$50.00 penalty fee. Only applies to 15+ swimmers.

PROTESTS -

• Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.

DISQUALIFICATIONS -

• Disqualifications will be announced and a copy of the DQ form will be put in the clubs pigeon-hole for collection to avoid excessive movement

1500 FREESTYLE EVENT

• Anyone who enters the 1500 Freestyle event must supply a timekeeper and a number turner to assist.

ADDITIONAL COMPETITION INFORMATION -

- Access to this meet will be via the side entrance of Waterworld
- Exit is via the doors next to the bathrooms underneath the grandstand
- No spectating permitted
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all heats.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Marshalling Procedure—Self-marshalling will be employed during all heat sessions.
- Marshalling will be in place for Finals as swimmers will be announced on deck individually.
- Warm Up Procedure—Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.





- Live results will also be accessible via Meet Mobile where the internet connection allows.
- •There will be no Team Managers Meeting, all information will be provided to clubs before the start of the meet

PSYCH SHEETS / MEET PROGRAMME —

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out prior to the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, prior to the start of the meet.

OFFICIALS -

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.

COACH & TEAM MANAGERS -

The Google Form below allows clubs to provide the names of their Coach and Team Manager to Swimming Waikato Team so that we can manage their entry into the meet venue. If this is not completed, access will *not* be permitted.

Only one Team Manager and one Coach will be allowed to accompany their team into the facility.

Waikato Champs 2022- Coaches Managers Form

Coaches & Team Managers will be asked to minimise their movement around the venue as best they can. Designated Coach areas will be made available as will refreshments to keep you going!







COVID-19 PROTOCOLS

- At entry, scan the Covid-19 Tracer App or complete the manual record.
- At entry, present your My Vaccine Pass for verification when aged 12 years 3 months or older
- Face coverings are to be worn into and out of the facility, they are not mandatory to be worn inside, however we strongly encourage their use.
- Physical distancing is not a requirement but encouraged wherever possible.
- No spectators as the capacity is limited to 100 athletes per session.
- Wash and dry your hands or use hand sanitiser regularly.
- Abide by any other directives from the venue staff.

Subject to change dependent on the restrictions in place at the time of, and during, the event.

Swimming Waikato will:

- Provide hand sanitising stations throughout the venue
- Provide, if necessary, face coverings
- Disinfect surfaces at the conclusion of every session
- Provide support and guidance in the event that exposure to Covid-19 has been indicated
- Keep smiling 🚱

CODE OF CONDUCT -

This Code of Conduct applies to all Swimming Waikato Members and persons participating in and/or connected to Swimming Waikato activities. This Code outlines your rights and responsibilities. Whatever your role or your ability, you should encourage others to follow it and recognise that you have a duty of care to all Swimming Waikato members. There is an expectation that as a member of Swimming Waikato (as a Swimmer, Parent / Caregiver, Coach, Technical Official, Team Manager, Team Member, Committee Member, Volunteer or affiliated Club), you will have agreed to abide by the terms of Swimming Waikato's Code of Conduct.

Swimming Waikato Code of Conduct





EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

Swimming Waikato - Health & Safety Video - YouTube

Notified Hazards -

Floor surfaces may be slippery when wet. No running.

Stadium concrete & seating may be slippery when wet.

Caution around electronic cords (Starting, Timing & Entertainment equipment)

Please advise the Referee or pool staff if you observe a potential hazard.

Please ensure any young children are aware of these hazards.

This meet may include a sequence of flashing lights that may affect those who are susceptible to photosensitive epilepsy or other photo sensitivities

In General -

Please familiarize yourself with the pool layout, exits and equipment.

And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

In an emergency -

If you are required to contact Emergency Services, the address directions are:

"50m indoor Pool Waterworld Garnett Avenue Hamilton"

Please note that Pool Staff are trained in First Aid & CPR.

For evacuation -

Stay Calm____

Three (3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

Side door—assemble opposite the bike racks towards the front of the building

Lido door — assemble out towards the boundary fence

Main front doors—assemble opposite the bike racks

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Children and Adults) in your Club.

Notify the relevant emergency Services as required.

During the Meet -

Please take care to ensure the health and safety of yourself and others.

Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.





