

# SWIMMING WAIKATO JUNIOR CHAMPIONSHIPS

BRIGHT FUTURES.

SWIMMING WAIKATO  
COMPETITIONS



## Swimming Waikato Junior Championships 2022

**Venue:** Waterworld Aquatic Centre, Hamilton

**Date:** 21 – 22 May 2022

Short Course (25m)



### Saturday 21 May

Warm up— 9.00am. Racing starts at 09.30am.

### Saturday 22 May

Warm up— 9.00am. Racing starts at 09.30am.

**Meet Rationale** – The Swimming Waikato Junior Championships will act as the pinnacle competitive junior event for our 12/U Waikato & Counties-Manukau member club swimmers and beyond. The meet is a great opportunity for our 9/u, 10, 11 & 12-year-old swimmers to demonstrate the key race skills they have been working on within their home programs.

This meet should be a fun introduction to competition on a regional championship level and an opportunity to celebrate swimmer success at all levels and abilities.

We look forward to welcoming you all to Hamilton and to having a fun filled Swimming Waikato Junior Championships...***See you there!***



*teamline*<sup>™</sup>



This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming Waikato will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming Waikato reserve the right to use discretion and make judgements to the contents and rules outlined in this document.

**Original: 28/03/2022**

Swimming Waikato takes seriously, the Health and Safety of its members and all those involved in Swimming Waikato Events, we therefore ask that you familiarise yourselves with our Covid-19 and General H&S protocols prior to attending. For the latest information, please check the Swimming Waikato calendar to ensure you have the most up to date version.

This meet will operate under RED on the Covid Protection Framework, unless a change is made by the NZ Government prior to the start of the meet. Next Govt update is on the 4<sup>th</sup> of April.

OUR PARTNERS

Sponsors & Supporters



**MEET EVENTS -**

<b>SATURDAY SESSION 1</b>					
<b>Event</b>	<b>Distance</b>	<b>Stroke</b>	<b>Gender</b>	<b>Age</b>	<b>Event Type</b>
<b>1</b>	400m	Freestyle	Female	12yrs & U	Timed Final
<b>2</b>	400m	Freestyle	Male	12yrs & U	Timed Final
<b>3</b>	50m	Breaststroke	Female	9yrs & U	Timed Final
<b>4</b>	50m	Breaststroke	Male	9yrs & U	Timed Final
<b>5</b>	50m	Breaststroke	Female	10yrs	Timed Final
<b>6</b>	50m	Breaststroke	Male	10yrs	Timed Final
<b>7</b>	50m	Breaststroke	Female	11yrs	Timed Final
<b>8</b>	50m	Breaststroke	Male	11yrs	Timed Final
<b>9</b>	50m	Breaststroke	Female	12yrs	Timed Final
<b>10</b>	50m	Breaststroke	Male	12yrs	Timed Final
<b>11</b>	200m	Backstroke	Female	9yrs & U	Timed Final
<b>12</b>	200m	Backstroke	Male	9yrs & U	Timed Final
<b>13</b>	200m	Backstroke	Female	10yrs	Timed Final
<b>14</b>	200m	Backstroke	Male	10yrs	Timed Final
<b>15</b>	200m	Backstroke	Female	11yrs	Timed Final
<b>16</b>	200m	Backstroke	Male	11yrs	Timed Final
<b>17</b>	200m	Backstroke	Female	12yrs	Timed Final
<b>18</b>	200m	Backstroke	Male	12yrs	Timed Final
<b>19</b>	100m	Butterfly	Female	9yrs & U	Timed Final
<b>20</b>	100m	Butterfly	Male	9yrs & U	Timed Final
<b>21</b>	100m	Butterfly	Female	10yrs	Timed Final
<b>22</b>	100m	Butterfly	Male	10yrs	Timed Final
<b>23</b>	100m	Butterfly	Female	11yrs	Timed Final
<b>24</b>	100m	Butterfly	Male	11yrs	Timed Final
<b>25</b>	100m	Butterfly	Female	12yrs	Timed Final
<b>26</b>	100m	Butterfly	Male	12yrs	Timed Final
<b>27</b>	200m	IM Relay	Female	12yrs & U	Timed Final
<b>28</b>	200m	IM Relay	Male	12yrs & U	Timed Final



SATURDAY SESSION 2					
Event	Distance	Stroke	Gender	Age	Event Type
29	100m	Freestyle	Female	9yrs & U	Timed Final
30	100m	Freestyle	Male	9yrs & U	Timed Final
31	100m	Freestyle	Female	10yrs	Timed Final
32	100m	Freestyle	Male	10yrs	Timed Final
33	100m	Freestyle	Female	11yrs	Timed Final
34	100m	Freestyle	Male	11yrs	Timed Final
35	100m	Freestyle	Female	12yrs	Timed Final
36	100m	Freestyle	Male	12yrs	Timed Final
37	50m	Butterfly	Female	9yrs & U	Timed Final
38	50m	Butterfly	Male	9yrs & U	Timed Final
39	50m	Butterfly	Female	10yrs	Timed Final
40	50m	Butterfly	Male	10yrs	Timed Final
41	50m	Butterfly	Female	11yrs	Timed Final
42	50m	Butterfly	Male	11yrs	Timed Final
43	50m	Butterfly	Female	12yrs	Timed Final
44	50m	Butterfly	Male	12yrs	Timed Final
45	100m	Backstroke	Female	9yrs & U	Timed Final
46	100m	Backstroke	Male	9yrs & U	Timed Final
47	100m	Backstroke	Female	10yrs	Timed Final
48	100m	Backstroke	Male	10yrs	Timed Final
49	100m	Backstroke	Female	11yrs	Timed Final
50	100m	Backstroke	Male	11yrs	Timed Final
51	100m	Backstroke	Female	12yrs	Timed Final
52	100m	Backstroke	Male	12yrs	Timed Final
53	200m	IM	Female	9yrs & U	Timed Final
54	200m	IM	Male	9yrs & U	Timed Final
55	200m	IM	Female	10yrs	Timed Final
56	200m	IM	Male	10yrs	Timed Final
57	200m	IM	Female	11yrs	Timed Final
58	200m	IM	Male	11yrs	Timed Final
59	200m	IM	Female	12yrs	Timed Final
60	200m	IM	Male	12yrs	Timed Final



SUNDAY SESSION 3					
Event	Distance	Stroke	Gender	Age	Event Type
61	400m	IM	Female	12yrs & U	Timed Final
62	400m	IM	Male	12yrs & U	Timed Final
63	50m	Freestyle	Female	9yrs	Timed Final
64	50m	Freestyle	Male	9yrs	Timed Final
65	50m	Freestyle	Female	10yrs	Timed Final
66	50m	Freestyle	Male	10yrs	Timed Final
67	50m	Freestyle	Female	11yrs	Timed Final
68	50m	Freestyle	Male	11yrs	Timed Final
69	50m	Freestyle	Female	12yrs	Timed Final
70	50m	Freestyle	Male	12yrs	Timed Final
71	200m	Breaststroke	Female	9yrs	Timed Final
72	200m	Breaststroke	Male	9yrs	Timed Final
73	200m	Breaststroke	Female	10yrs	Timed Final
74	200m	Breaststroke	Male	10yrs	Timed Final
75	200m	Breaststroke	Female	11yrs	Timed Final
76	200m	Breaststroke	Male	11yrs	Timed Final
77	200m	Breaststroke	Female	12yrs	Timed Final
78	200m	Breaststroke	Male	12yrs	Timed Final
79	50m	Backstroke	Female	9yrs	Timed Final
80	50m	Backstroke	Male	9yrs	Timed Final
81	50m	Backstroke	Female	10yrs	Timed Final
82	50m	Backstroke	Male	10yrs	Timed Final
83	50m	Backstroke	Female	11yrs	Timed Final
84	50m	Backstroke	Male	11yrs	Timed Final
85	50m	Backstroke	Female	12yrs	Timed Final
86	50m	Backstroke	Male	12yrs	Timed Final



SUNDAY SESSION 4					
Event	Distance	Stroke	Gender	Age	Event Type
87	200m	Butterfly	Female	12yrs & U	Timed Final
88	200m	Butterfly	Male	12yrs & U	Timed Final
89	100m	Breaststroke	Female	9yrs	Timed Final
90	100m	Breaststroke	Male	9yrs	Timed Final
91	100m	Breaststroke	Female	10yrs	Timed Final
92	100m	Breaststroke	Male	10yrs	Timed Final
93	100m	Breaststroke	Female	11yrs	Timed Final
94	100m	Breaststroke	Male	11yrs	Timed Final
95	100m	Breaststroke	Female	12yrs	Timed Final
96	100m	Breaststroke	Male	12yrs	Timed Final
97	200m	Freestyle	Female	9yrs	Timed Final
98	200m	Freestyle	Male	9yrs	Timed Final
99	200m	Freestyle	Female	10yrs	Timed Final
100	200m	Freestyle	Male	10yrs	Timed Final
101	200m	Freestyle	Female	11yrs	Timed Final
102	200m	Freestyle	Male	11yrs	Timed Final
103	200m	Freestyle	Female	12yrs	Timed Final
104	200m	Freestyle	Male	12yrs	Timed Final
105	100m	IM	Female	9yrs	Timed Final
106	100m	IM	Male	9yrs	Timed Final
107	100m	IM	Female	10yrs	Timed Final
108	100m	IM	Male	10yrs	Timed Final
109	100m	IM	Female	11yrs	Timed Final
110	100m	IM	Male	11yrs	Timed Final
111	100m	IM	Female	12yrs	Timed Final
112	100m	IM	Male	12yrs	Timed Final
113	200m	Freestyle Relay	Female	12yrs & U	Timed Final
114	200m	Freestyle Relay	Male	12yrs & U	Timed Final



## MEET CONDITIONS

- This event is for CLUB & COMPETITIVE swimmers, aged 12 and under
- **Age as at 31 DECEMBER 2021**
- Technical Director— **Russell Strange**
- There is no qualifying period for this meet.
- Entry times short course. Times may be converted from Long Course times.
- Database times only. “NO TIME” will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated time frame.
- The meet will be conducted under Swimming New Zealand’s, Swimming Rules and FINA rules except where local meet rules and conditions apply.

## ENTRY PROCESS –

- **ENTRY FEE: \$11.50 per event**
- Entries for Individual events will be online through [FAST LANE](#) on the SNZ membership database.
- Entries open to Swimming Waikato member clubs **only** from **25<sup>th</sup> March**
- Entries open to all (non-Swimming Waikato members) from **4<sup>th</sup> April**
- Under RED, entries will be limited to 200 swimmers, unless a decision by NZ Govt to Orange or Green is made ahead of the meet
- Online entries close **11<sup>th</sup> May at 11:59**
- Late entries will incur a fee of \$50 per swimmer, which must be paid to Swimming Waikato prior to the start of the meet – Account no: 12-3122-0312567-00
- All enquiries to Kaye-Marie McCaskill--Day [swentries@gmail.com](mailto:swentries@gmail.com)

## MEET SPECIFIC INFORMATION -

- Visitors will receive a visitor medal if finishing 1st, 2nd or 3rd (+ 1 visitor medal per event)
- Age Groups will be as follows:
  - 12 yrs and Under: 400 Freestyle, 200 Fly, 400 IM and all Relays
  - All other events—9yrs/U, 10 yrs, 11 yrs and 12 yrs



### **MEDAL CEREMONIES -**

- To minimise movement around pool-side, medals will be made available to clubs at the conclusion of each session in your club pigeon-hole, unless in Orange or Green at time of event.

### **MEDALISTS -**

- Swimming Waikato Medals will be awarded to the first three Swimming Waikato Male & Female swimmers in the age groups noted above. (+ 1 visitor medal per event)
- Finalist ribbons will be given to 4th to 8th place-getters (excluding Relays)

### **ADDITIONAL COMPETITION INFORMATION -**

- All participants must agree to comply with the Sports Anti-Doping Rules.
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.

### **Marshalling Procedure—**

Marshalling will be employed during all sessions. Further information will be provided ahead of the event.





### **WARM UP PROCEDURE—**

Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.

### **RESULTS—**

Live results will be accessible via Meet Mobile & MyTogs apps where the internet connection allows. All session reports will be posted on the homepage of the Swimming Waikato website at the conclusion of each session.

### **OFFICIALS -**

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.
- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.

### **PSYCH SHEETS / MEET PROGRAMME —**

- Draft psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet on **Thursday 12<sup>th</sup> May**. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by **8pm Friday 13<sup>th</sup> May** to [swentries@gmail.com](mailto:swentries@gmail.com) Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and emailed out on **Thursday 19<sup>th</sup> May**.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.



## **SCRATCHINGS / WITHDRAWALS -**

- Refunds will only be made if a medical certificate is provided to the Meet Recorder before the end of the meet. All refunds are at the discretion of the Technical Director.
- Scratching's for the first session must be submitted to the Control Room no later than 1-hour prior to the start of racing.
- For subsequent sessions, scratching must be submitted no later than 30 minutes **before the end** of the previous session immediately prior to the session in which the scratching is to be effective.
- Swimmers will be deemed to have scratched if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event and the \$50.00 withdrawal fee will apply.

## **PROTESTS -**

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.

## **DISQUALIFICATIONS -**

- Disqualifications will be announced and a copy of the DQ form will be available in your individual club pigeon-hole to avoid movement around poolside.

## **COACH & TEAM MANAGERS -**

The Google Form below allows clubs to provide the names of their Coach and Team Manager to Swimming Waikato Team so that we can manage their entry into the meet venue. If this is not completed, access will *not* be permitted.

Only one Team Manager and one Coach will be allowed to accompany their team into the facility.

[2022 Waikato Juniors - Coaches/Managers/Timekeepers Form](#)

Coaches & Team Managers will be asked to minimise their movement around the venue as best they can. Designated Coach areas will be made available as will refreshments to keep you going!

### **Team Managers Meeting—**

Further information to be provided closer to the meet. Additional notes will be made in the final meet program.



## EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

[Swimming Waikato - Health & Safety Video - YouTube](#)

### Notified Hazards -

Floor surfaces may be slippery when wet. *No running.*

Stadium concrete & seating may be slippery when wet.

Caution around electronic cords (Starting, Timing & Entertainment equipment)

Please advise the Referee or pool staff if you observe a potential hazard.

Please ensure any young children are aware of these hazards.

**This meet will include a sequence of flashing lights that may affect those who are susceptible to photosensitive epilepsy or other photo sensitivities**

### In General -

Please familiarize yourself with the pool layout, exits and equipment.

And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

### In an emergency -

If you are required to contact Emergency Services, the address directions are:

**“50m indoor Pool Waterworld Garnett Avenue Hamilton”**

Please note that Pool Staff are trained in First Aid & CPR.

### For evacuation -

#### **Stay Calm**

Three (3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

Side door—assemble opposite the bike racks towards the front of the building

Lido door — assemble out towards the boundary fence

Main front doors—assemble opposite the bike racks

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Children and Adults) in **your** Club.

Notify the relevant emergency Services as required.

### During the Meet –

Please take care to ensure the health and safety of yourself and others.

*Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.*



# Unite against COVID-19

## COVID-19 PROTOCOLS

- Face coverings are to be worn into and out of the facility and strongly encouraged to be worn throughout, unless warming up and competing
- Physical distancing is not a requirement but encouraged wherever possible.
- Under Red no spectators as the capacity is limited to 200 athletes per session.  
*- Will be amended if in Orange or Green at time of event*
- Wash and dry your hands or use hand sanitiser regularly.
- Abide by any other directives from the venue staff.
- **Above is subject to change dependent on the restrictions in place at the time of, and during, the event.**

## Swimming Waikato will:

- Provide hand sanitising stations throughout the venue
- Provide, if necessary, face coverings
- Disinfect surfaces at the conclusion of every session
- Provide support and guidance in the event that exposure to Covid-19 has been indicated
- Keep smiling 😊

## CODE OF CONDUCT -

This Code of Conduct applies to all Swimming Waikato Members and persons participating in and/or connected to Swimming Waikato activities. This Code outlines your rights and responsibilities. Whatever your role or your ability, you should encourage others to follow it and recognise that you have a duty of care to all Swimming Waikato members. There is an expectation that as a member of Swimming Waikato (as a Swimmer, Parent / Caregiver, Coach, Technical Official, Team Manager, Team Member, Committee Member, Volunteer or affiliated Club), you will have agreed to abide by the terms of Swimming Waikato's Code of Conduct. [Swimming Waikato Code of Conduct](#)

