

WAIKATO SWIMMING CHAMPIONSHIPS 21



3-5 DEC. WATERWORLD. HAMILTON.
RISE & SHINE.



Fina
WORLD
CHAMPIONSHIPS

BIRMINGHAM
2022
commonwealth
games



Waikato Swimming Championships - 2021

Venue: Waterworld Aquatics Centre, Hamilton

Date: 3-5 Dec 2021

Long Course (50m)

Friday 3 Dec

Session 1: Warm up—16:00pm. Racing starts at 17:00pm

Saturday 4 Dec

Session 2: Warm up—8.15am. Racing starts at 9.15am

Interval: Christmas Development Meet (12/u)

Session 3: Warm up— 16:00. Racing starts 17:00pm

Sunday 5 Dec

Session 4: Warm up—8.15am. Racing starts at 9.15am

Interval: Christmas Development Meet (12/u)

Session 5: Warm up— 16:00. Racing starts 17:00pm

MEET RATIONALE –The Waikato Swimming Championships will act as the premier 13yrs+ Long Course racing opportunity for the conclusion of the September to December Training Period - as per the National training & racing cycle framework. The Waikato Swimming Championships is operated under the conditions of our Waikato Championship Meet Policy.

Updated: 27/09/2021



teamline[™]





Sponsors & Supporters



This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming Waikato will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming Waikato reserve the right to use discretion and make judgements to the contents and rules outlined in this document.

For the latest information, please check the Swimming Waikato calendar to ensure you have the most up to date version. Please note that this event will not be able to be hosted if the New Zealand Government has announced the country is at Alert Level 2 or above

The following outlines the guidelines in relation to delivering future Swimming Waikato Competition events – [Meet Contingency Plan 2021/22](#)

MEET QUALIFICATION TIMES

MALE (LC)		EVENT	FEMALE (LC)	
15+	13-14		13-14	15+
00:41.00	00:49.00	50m FREE	00:49.00	00:41.00
01:19.50	01:28.00	100m FREE	01:28.00	01:21.50
02:53.50	03:03.50	200m FREE	03:03.50	03:00.00
05:53.50	06:15.50	400m FREE	06:15.50	05:53.50
22:00.00	22:00.00	1500m FREE	22:00.00	22:00.00
00:44.50	00:55.50	50m BACK	00:55.50	00:45.50
01:31.00	01:44.00	100m BACK	01:44.00	01:35.00
03:13.50	03:23.50	200m BACK	03:23.50	03:16.00
00:50.00	00:58.00	50m BREAST	00:58.00	00:52.50
01:43.50	02:02.00	100m BREAST	02:02.00	01:46.50
03:40.00	03:58.00	200m BREAST	03:58.00	03:40.00
00:48.50	00:58.00	50m FLY	00:58.00	00:48.50
01:32.50	02:01.50	100m FLY	02:01.50	01:32.50
03:25.00	03:30.00	200m FLY	03:30.00	03:25.00
03:17.00	03:40.50	200m IM	03:40.50	03:17.00
06:48.00	06:48.00	400m IM	06:48.00	06:48.00

MEET EVENTS

FRIDAY SESSION 1: Warm up 16.00pm. Racing starts 17.00pm					
Event	Distance	Stroke	Gender	Age	Event Type
1	1500m	Freestyle	Female	Open	Timed Final
2	1500m	Freestyle	Male	Open	Timed Final
3	200m	Butterfly	Female	Open	Timed Final
4	200m	Butterfly	Male	Open	Timed Final

MEET EVENTS

SATURDAY SESSION 2: Warm up 8:15am. Racing starts at 09:15am					
Event	Distance	Stroke	Gender	Age	Event Type
5	400m	Freestyle	Female	13+	Heats
6	400m	Freestyle	Male	13+	Heats
7	200m	Backstroke	Female	13+	Heats
8	200m	Backstroke	Male	13+	Heats
9	200m	IM	Female	13+	Heats
10	200m	IM	Male	13+	Heats
11	100m	Butterfly	Female	13+	Heats
12	100m	Butterfly	Male	13+	Heats
13	200m	Breaststroke	Female	13+	Heats
14	200m	Breaststroke	Male	13+	Heats
15	100m	Freestyle	Female	13+	Heats
16	100m	Freestyle	Male	13+	Heats

SATURDAY SESSION 3: Warm up: 16:00. Racing starts: 17:00					
Event	Distance	Stroke	Gender	Age	Event Type
5	400m	Freestyle	Female	13+	Final
6	400m	Freestyle	Male	13+	Final
17	50m	<i>Breaststroke</i>	<i>Female</i>	13+	<i>Timed Final</i>
18	50m	<i>Breaststroke</i>	<i>Male</i>	13+	<i>Timed Final</i>
7	200m	Backstroke	Female	13+	Final
8	200m	Backstroke	Male	13+	Final
9	200m	IM	Female	13+	Final
10	200m	IM	Male	13+	Final
11	100m	Butterfly	Female	13+	Final
12	100m	Butterfly	Male	13+	Final
13	200m	Breaststroke	Female	13+	Final
14	200m	Breaststroke	Male	13+	Final
15	100m	Freestyle	Female	13+	Final
16	100m	Freestyle	Male	13+	Final
19	50m	<i>Backstroke</i>	<i>Female</i>	13+	<i>Timed Final</i>
20	50m	<i>Backstroke</i>	<i>Male</i>	13+	<i>Timed Final</i>

MEET EVENTS

SUNDAY SESSION 4: Warm up 8:15am. Racing starts at 09:15am					
Event	Distance	Stroke	Gender	Age	Event Type
21	400m	IM	Female	13+	Heats
22	400m	IM	Male	13+	Heats
23	100m	Backstroke	Female	13+	Heats
24	100m	Backstroke	Male	13+	Heats
25	200m	Freestyle	Female	13+	Heats
26	200m	Freestyle	Male	13+	Heats
27	100m	Breaststroke	Female	13+	Heats
28	100m	Breaststroke	Male	13+	Heats
29	50	Freestyle	Female	13+	Heats
30	50	Freestyle	Male	13+	Heats

SUNDAY SESSION 5: Warm up: 16:00. Racing starts: 17:00					
Event	Distance	Stroke	Gender	Age	Event Type
21	400m	IM	Female	13+	Final
22	400m	IM	Male	13+	Final
31	50m	<i>Butterfly</i>	<i>Female</i>	13+	<i>Timed Final</i>
32	50m	<i>Butterfly</i>	<i>Male</i>	13+	<i>Timed Final</i>
23	100m	Backstroke	Female	13+	Final
24	100m	Backstroke	Male	13+	Final
25	200m	Freestyle	Female	13+	Final
26	200m	Freestyle	Male	13+	Final
27	100m	Breaststroke	Female	13+	Final
28	100m	Breaststroke	Male	13+	Final
29	50	Freestyle	Female	13+	Final
30	50	Freestyle	Male	13+	Final

ENTRY PROCESS –

- Entry Fee: \$11.50 per event
- Entries for Individual events will be online through MyPage on the SNZ membership database.
- Online entries will close at 11.59 on Tuesday 23 November 2021.
- Late entries will be accepted up until the date that the FINAL meet programme is available on the Swimming Waikato website.
- Late entries will incur a fee of \$50.00 per swimmer which must be paid to Swimming Waikato prior to the start of the meet—12 3122 0312567 00.
- All entry enquiries to **Kaye-Marie McCaskill-Day** swentries@gmail.com

MEET CONDITIONS -

- **Technical Director— Stu Woods**
- **Meet Contingency Plans**
- This event is for 13yr+ Competitive swimmers who are registered in the SNZ database and are financial as at the date of the meet.
- This meet will be conducted under Swimming New Zealand’s ‘SNZ Regulations and Bylaws and FINA Rules’, except where local meet rules and conditions apply.
- **Age as at 31 December 2021. Swimmers must be 13 years and above as of this date to be entered in this meet.**
- There is no qualifying period for this meet.
- Entry times long course. Times may be converted from short course times.
- [Conversion calculator](#)
- “NO TIME” will not be accepted.
- Technical Director reserves the right to restrict event numbers if entries exceed the nominated timeframe.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato.

- Swimmers who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes based on entry times. The Referee will have a list of Para swimmer's Codes of Exception and will use their best efforts to judge the swim under the applicable World Para Swimming Rules.
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.

FINALS

- A & B Finals will be swum in the evening sessions and will consist of the top 16 swimmers from the morning session. B Finals will only be swum when there are 24 or more swimmers that competed in the morning heats of that event.

TIMED FINALS

- The 50m Butterfly, Backstroke, Breaststroke and the 1500m Free for both Males and Females will be swum as timed finals.

RESULTS

- Results will be available on both the [MyTogs](#) & [MeetMobile](#) Apps
- Session results will also be made available on the homepage of the [Swimming Waikato website](#)

MEDALISTS

- Age Group Medals will be awarded in the following age groups – 13, 14, 15, 16+
- Open Medals will be awarded for all A Final Events (Excluding Timed Finals)
- Age Group & Open certificates for the 50m Butterfly, Backstroke, Breaststroke & 200 Butterfly, as well as 1500 Freestyle (Timed Finals)
- Age Group medals will be awarded to a maximum of 'one' out of region swimmers per event

MEDAL CERAMONIES

- Dress Standards
 - Club or Regional t-shirt, jacket or sweatshirt
 - Pants or short must be worn
 - No caps or goggles
 - No towels to be wrapped around the waist

- Swimmers who are not present for their medal ceremony will not receive their medal

SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made on receipt of a medical certificate which is to be made available to the Meet Recorder. All refunds are at the discretion of the Technical Director.
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing
- For subsequent sessions, scratching must be submitted no later than 30 minutes before the end of the previous session.
- Swimmers will be deemed to have scratched from races if they are not lined up behind the blocks prior to the start of the race.
- Any competitor or team who withdraws from finals more than 30 mins after the heat in which qualification was earned shall pay without excuse to Swimming Waikato a \$50.00 penalty fee.
- There will be a \$10.00 fee payable to Swimming Waikato on the day for all scratching from finals
- For timed finals withdraws must be advised by the end of the session preceding the start of the timed final event. i.e the day before. If this timed final is in the first session of the meet, the withdrawal must be received immediately following conclusion of the Team Mangers Meeting
- A swimmer will deem to have withdrawn from a final if they do not report to the Meet Recorder at the appropriate time prior to the event, and the withdrawal fee will apply.

PROTESTS -

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.

DISQUALIFICATIONS -

- Disqualifications will be announced and a copy of the DQ form will be available at the announcer's desk
- Penalty Clause – Reserves for finals are expected to be available to swim. Any of the first eight swimmers outside the swimmers who qualify for the finals must scratch from the final within the agreed time frame if they do not wish to be considered to be a reserve for the final. Swimmers outside the first eight reserves who are called into swim the final and do not do so will **not** be subject to a penalty

1500 FREESTYLE EVENT

- Anyone who enters the 1500 Freestyle event must supply a timekeeper and a number turner to assist.

ADDITIONAL COMPETITION INFORMATION -

- Access to this meet will be via the main entrance at Waterworld
- Waterworld charges a \$2.00 entry fee for spectators
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all heats.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Marshalling Procedure—Self-marshalling will be employed during all heat sessions. Marshalling will be in place for Finals as swimmers will be announced on deck individually.
- Warm Up Procedure—Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.
- Live results will also be accessible via Meet Mobile where the internet connection allows.
- Team Managers Meeting—**Timing and Location TBC**. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.

PSYCH SHEETS / MEET PROGRAMME —

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out prior to the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, prior to the start of the meet.

OFFICIALS -

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.

VOLUNTEERS -

Below is a link for our volunteers form. This form allows Club Recorders to provide the names of their Team volunteers which will allow the Swimming Waikato Team to manage their entry into the meet.

- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.
- Ratios for Coaches/Team Managers -
1-10 swimmers = 2 coaches/managers 11-20 swimmers = 3 coaches /managers 21-30 swimmers = 4 coaches/managers 31+ swimmers = 5 coaches/managers
- Please use the google link below to fill out the volunteer's form, this needs to be filled out by 5 pm Monday 28 November

GOOGLE FORM LINK:

[Waikato Swimming Championships Volunteers Register](#)

EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

Notified Hazards -

Floor surfaces may be slippery when wet. *No* running.

Stadium concrete & seating may be slippery when wet.

Caution around electronic cords (Starting, Timing & Entertainment equipment)

Please advise the Referee or pool staff if you observe a potential hazard.

Please ensure any young children are aware of these hazards.

This meet will include a sequence of flashing lights that may affect those who are susceptible to photosensitive epilepsy or other photo sensitivities

In General -

Please familiarize yourself with the pool layout, exits and equipment.

And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

In an emergency -

If you are required to contact Emergency Services, the address directions are:

“50m indoor Pool Waterworld Garnett Avenue Hamilton”

Please note that Pool Staff are trained in First Aid & CPR.

For evacuation -

Stay Calm _____

Three (3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

Side door—assemble opposite the bike racks towards the front of the building

Lido door — assemble out towards the boundary fence

Main front doors—assemble opposite the bike racks

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Children and Adults) in **your** Club.

Notify the relevant emergency Services as required.

During the Meet -

Please take care to ensure the health and safety of yourself and others.

Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.

