

# **SLEIGH** **WHAT?!**



**4-5 DEC. WATERWORLD. HAMILTON**  
**CHRISTMAS DEVELOPMENT MEET**



## **Waikato Christmas Development Meet - 2021**

**Venue:** Waterworld Aquatics Centre, Hamilton

**Date:** 4-5 Dec 2021

**Long Course (50m)**

### **Saturday 4 Dec**

Session 1: Warm up and racing start time TBC 14 days prior to meet – Will proceed the morning session of the Waikato Swimming Championships (13+)

### **Sunday 5 Dec**

Session 2: Warm up and racing start time TBC 14 days prior to meet – Will proceed the morning session of the Waikato Swimming Championships (13+)

**MEET RATIONALE** – This meet will offer an exciting Development Meet opportunity situated in-between the Swimming Waikato Championships, a meet which also acts as the 2021 World Championship and Commonwealth Games qualification meet.

There will be a big focus around not only how fast the swimmer races but more importantly, at this stage, what lessons can be learned from each swim and the overall individual swimmer experience.

*Original: 27/09/2021*





### What is a development meet?

As per the [National Restructure and Competition Pathway](#) (2020), the purpose of a development meet is to provide swimmers with the opportunity to race for fun without any pressure on them to perform, and to allow the coaches to encourage skill development rather than focusing on a result.

- Development meets do not require any qualified officials and there aren't any disqualifications to be performed at these meets.
- Development meet times can be used to enter regional championships or any other level of competition but cannot be used to enter national championships.
- Development meet results *can* be used for entry for Swimming New Zealand Junior Festivals

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming Waikato will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming Waikato reserve the right to use discretion and make judgements to the contents and rules outlined in this document.

The following outlines the guidelines in relation to delivering of future Swimming Waikato Competition events – [Meet Contingency Plan 2021/22](#)

For the latest information, please check the Swimming Waikato website to ensure you have the most up to date version.

## MEET EVENTS

| SATURDAY SESSION 1: Warm up—TBC Racing Start - TBC |          |              |        |        |             |
|--|----------|--------------|--------|--------|-------------|
| Event  | Distance | Stroke       | Gender | Age    | Event Type  |
| 1  | 100      | Breaststroke | Mixed  | 12 & U | TIMED FINAL |
| 2  | 200      | IM           | Mixed  | 12 & U | TIMED FINAL |
| 3  | 50       | Butterfly    | Mixed  | 12 & U | TIMED FINAL |
| 4  | 200      | Backstroke   | Mixed  | 12 & U | TIMED FINAL |
| 5  | 100      | Freestyle    | Mixed  | 12 & U | TIMED FINAL |
| 6  | 50       | Backstroke   | Mixed  | 12 & U | TIMED FINAL |
| 7  | 400      | Freestyle    | Mixed  | 12 & U | TIMED FINAL |
| 8  | 4 x 50   | IM Relay     | Male   | 12 & U | TIMED FINAL |
| 9  | 4 x 50   | IM Relay     | Female | 12 & U | TIMED FINAL |

| SUNDAY SESSION 2: Warm up—TBC Racing Start - TBC |          |              |        |        |             |
|--|----------|--------------|--------|--------|-------------|
| Event  | Distance | Stroke       | Gender | Age    | Event Type  |
| 10   | 50       | Freestyle    | Mixed  | 12 & U | TIMED FINAL |
| 11   | 100      | Butterfly    | Mixed  | 12 & U | TIMED FINAL |
| 12   | 200      | Breaststroke | Mixed  | 12 & U | TIMED FINAL |
| 13   | 100      | Backstroke   | Mixed  | 12 & U | TIMED FINAL |
| 14   | 200      | Freestyle    | Mixed  | 12 & U | TIMED FINAL |
| 15   | 50       | Breaststroke | Mixed  | 12 & U | TIMED FINAL |
| 16   | 4 x 50   | Free Relay   | Male   | 12 & U | TIMED FINAL |
| 17   | 4 x 50   | Free Relay   | Female | 12 & U | TIMED FINAL |

## ENTRY PROCESS –

- Entry Fee: \$9.50 per event
- Entries for Individual events will be online through MyPage on the SNZ membership database.
- Online entries will close at 11.59 on Tuesday 23 November 2021.
- Late entries will be accepted up until the date that the FINAL meet programme is available on the Swimming Waikato website.
- Late entries will incur a fee of \$50.00 per swimmer which must be paid to Swimming Waikato prior to the start of the meet—12 3122 0312567 00.
- All entry enquiries to **Kaye-Marie McCaskill-Day** [swentries@gmail.com](mailto:swentries@gmail.com)

## AWARDS –

- There will be a top swimmer certificate in the following age categories 10/u, 11yrs & 12yrs for both Male & Female swimmers
- Swimmers will also receive a PB ribbon if they achieve a personal best swim in any event throughout the meet.

## MEET CONDITIONS -

- **Technical Director— Stu Woods**
- This event is for 12/u Club & Competitive swimmers who are registered in the SNZ database and are financial as at the date of the meet.
- This meet will be conducted under Swimming New Zealand’s ‘SNZ Regulations and Bylaws and FINA Rules’, except where local meet rules and conditions apply.
- **Age as at first day of meet – 4th December 2021. Swimmers must be 12 years and under as of this date to be entered in this meet.**
- “NO TIME” will be accepted.
- Technical Director reserves the right to restrict event numbers if entries exceed the nominated timeframe.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato.

- Swimmers who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes based on entry times. The Referee will have a list of Para swimmer's Codes of Exception and will use their best efforts to judge the swim under the applicable World Para Swimming Rules.
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.

## RESULTS

- Results will be available on both the [MyTogs](#) & [MeetMobile](#) Apps
- Session results will also be made available on the homepage of the [Swimming Waikato website](#) at the completion of each session

## SCRATCHINGS / WITHDRAWALS -

- Refunds will only be made on receipt of a medical certificate which is to be made available to the Meet Recorder. All refunds are at the discretion of the Technical Director.
- Scratchings for the first session must be submitted to the Control Room no later than 1 hour prior to the start of racing
- For subsequent sessions, scratching must be submitted no later than 30 minutes before the end of the previous session.
- Swimmers will be deemed to have scratched from races if they are not lined up behind the blocks prior to the start of the race.

## PROTESTS -

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.

### **ADDITIONAL COMPETITION INFORMATION -**

- Access to this meet will be via the main entrance at Waterworld
- Waterworld charges a \$2.00 entry fee for spectators
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all heats.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Marshalling Procedure—Self-marshalling will be employed during all heat sessions.
- Warm Up Procedure—Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.
- Live results will also be accessible via Meet Mobile where the internet connection allows.
- Team Managers Meeting—**Timing and Location TBC**. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.

### **PSYCH SHEETS / MEET PROGRAMME —**

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors. Corrections will only be made to entries where errors have occurred.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, prior to the start of the meet.

### **OFFICIALS -**

- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.

## **VOLUNTEERS -**

Below is a link for our volunteer's form. This form allows Club Recorders to provide the names of their Team volunteers which will allow the Swimming Waikato Team to manage their entry into the meet.

- When the draft psych sheets are circulated, clubs will be given their timekeeper allocation so that these names can be included on the form also.
- Ratios for Coaches/Team Managers -  
1-10 swimmers = 2 coaches/managers 11-20 swimmers = 3 coaches /managers 21-30 swimmers = 4 coaches/managers 31+ swimmers = 5 coaches/managers
- Please use the google link below to fill out the volunteer's form, this needs to be filled out by 5 pm Monday 28 November

## **ACCREDITATION**

Clubs will need to complete the meet register google form (below) for coaches team managers and Officials attending the meet. Each person on the form must be in the Swimming New Zealand database and must have a Police Vetting check completed on their SNZ profile. Anyone, who has not been police vetted (coaches/team managers/officials) will not be allowed on pool deck and will only have access to the pool as a spectator by paying the entrance fee.

## **GOOGLE FORM LINK:**

TBC

## EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

### Notified Hazards -

Floor surfaces may be slippery when wet. *No running.*

Stadium concrete & seating may be slippery when wet.

Caution around electronic cords (Starting, Timing & Entertainment equipment)

Please advise the Referee or pool staff if you observe a potential hazard.

Please ensure any young children are aware of these hazards.

**This meet will include a sequence of flashing lights that may affect those who are susceptible to photosensitive epilepsy or other photo sensitivities**

### In General -

Please familiarize yourself with the pool layout, exits and equipment.

And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

### In an emergency -

If you are required to contact Emergency Services, the address directions are:

**“50m indoor Pool Waterworld Garnett Avenue Hamilton”**

Please note that Pool Staff are trained in First Aid & CPR.

### For evacuation -

#### **Stay Calm** \_\_\_\_\_

Three (3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

Side door—assemble opposite the bike racks towards the front of the building

Lido door — assemble out towards the boundary fence

Main front doors—assemble opposite the bike racks

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Children and Adults) in **your** Club.

Notify the relevant emergency Services as required.

### During the Meet -

Please take care to ensure the health and safety of yourself and others. For more information, please follow a link to the Swimming Waikato [Health & Safety Video](#)

*Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.*



