

SATURDAY 4TH FEBRUARY | 7.30AM GATES OPEN | 7.45AM WARM UP | 8.30AM START
SWIM ZONE MATAMATA MEURA ST MATAMATA | 25M 8 LANE OUTDOOR HEATED POOL

SESSION 1

EVENT

1.	50m	Free	Mixed 12 yrs and under
2.	50m	Free	Mixed 13 yrs and over
3.	200	IM	Mixed 13 yrs and over
4	200m	Breast	Mixed (Top 16 Males and Top 16 Females)
5.	100m	Fly	Mixed
6.	100m	Back	Mixed
7.	200m	Free	Mixed (Top 32 Males and Top 32 Females)
8.	50m	Back	Mixed
9.	100m	IM	Mixed
10.	50m	Breast	Mixed
11.	50m	Fly	Mixed
12.	50m	Free	12 yrs and under Skinz Final (F): 1st=\$50, 2nd=\$30, 3rd=\$20
13.	50m	Free	12 yrs and under Skinz Final (M): 1st=\$50, 2nd=\$30, 3rd=\$20
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Break — Session 2 will start 30mins after the conclusion of Session 1

SESSION 2

EVENT

14.	50m	Free	Skinz Final (F): 1st=\$50, 2nd=\$30, 3rd=\$20
15.	50m	Free	Skinz Final (M): 1st=\$50, 2nd=\$30, 3rd=\$20
16.	200m	Back	Mixed (Top 24 Males and Top 24 Females)
17.	100m	Free	Mixed
18.	200m	Fly	Mixed (Top 16 Males and Top 16 Females)
19	100m	Breast	Mixed



MEET INFORMATION

The Skinz races will be the fastest 8 female and male swimmers from events 1 and 2. They will swim 50m every 2min 30seconds with the slowest swimmer in each round being eliminated. Entry to the Skinz races can only be achieved by finishing in the Top 8 12 and under, or Top 8 13 and over, in event 1 or 2, and by swimming at least 2 other events.

Cash Prizes: 100m events are age group events, all other events are open.

Age Groups: 10 and under. 11–12. 13–14. 15 and over.

Prizes: 1st \$15. 2nd \$10. 3rd \$5. in each age group - male and female.

Open Events: 1st \$30. 2nd \$20. 3rd \$10 - male and female.

- Entry Fee: \$8.50 per event.
- No limit to number of events per swimmer.
- No late entries will be accepted.
- Swimmers with **No Times will not be accepted** Club night times accepted.

PLEASE NOTE: Swimmers with NT: If you enter any events with NT please advise your club recorder to supply an entry time to the **Matamata Recorder: matamatarecorder@gmail.com** by 8pm Tuesday 1st February to avoid withdrawal from this event.

- Entry times to be converted to Short Course (25m).
- Age as at day of the meet 4th February 2023.
- All Club and Competitive Swimmers who are registered in the SNZ database and are financial as at the date of the meet.
- All races mixed gender graded time finals.
- Entries are to be processed online through SNZ Database.
- Entries Close 11pm Sunday 29th January 2023.

MEET CONDITIONS

Technical Director - Yvonne Voss

- This meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and FINA Rules', except where local meets rules and conditions apply.
- All Participants must agree to comply with the Sports Anti-Doping Rules and Swimming Waikato/SNZ Code of Conduct.
- Swimmers who hold a Para Classification are eligible to participate in this programme (under IPC Rules) and will be seeded amongst able-bodied athletes based on entry times. The Referee will have a list of Para Swimmer's Code of Exception and will use their best efforts to judge the swim under applicable World Para Swimming Rules.
- Swimmers with strapping must provide documentation from relevant registered health practitioner or
 physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmer without documentation
 will be not permitted to swim.
- PROTESTS must be submitted within 30 mins following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.
- DISQUALIFICATIONS will be announced and a copy of the DQ form given to the Team Manager.



ADDITIONAL INFORMATION

- Over the top starts will apply for all heats.
- Warm Up Procedure: Lane 1 shall be for Para swimmers (if applicable) and Lane 7 and 8 will be sprint lanes.
- This is a paperless meet. The meet programme will be emailed to all Clubs and Competitors prior to the start of the Meet.
- Technical Official and Team Managers meeting will be held prior to the start of the meet.
- Pool deck officials: Matamata Swimming Club will endeavor to provide the necessary number of officials to comply
 with SNZ regulations. Please help us by supplying officials and timekeepers as per club allocation which will be
 sent to clubs after entries have been received.
- No refunds after publication of Psych Sheets unless accompanied by a medical certificate or other reason
 acceptable to the Meet Director. Psych Sheets will be emailed to all Competitors and Club Recorders. Competitors
 are responsible for checking names, entries and events are correct.

RATIONALE

This designated meet offers competitive racing in a relaxed outdoor setting. The timing of this meet on the calendar gives all swimmers the opportunity to see what impact their summer training has had on their racing leading into national events. For our competitive swimmers we aim to provide the opportunity to practise race skills and obtain national qualification times. The inclusion of junior and senior Skinz allows for swimmers to practise strategic racing. For our club swimmers we aim to provide an enjoyable meet where they can practise their racing technique.

All enquiries: Sarah Roberts matamatarecorder@gmail.com 0274 875 804 Matamata Swimming Club PO Box 273 Matamata



EMERGENCY AND SAFTEY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

NOTIFIED HAZARDS:

- Floor surfaces may be slippery when wet. No running.
- Seating may be slippery when wet.
- Caution around electronic cords (starting, timing and entertainment equipment)
- Please advise the referee or pool staff if you observe a potential hazard.
- Please ensure any young children are aware of these hazards.
- This meet may include a sequence of flashing lights that may affect those who are susceptible to photosensitive epilepsy or other photo sensitivities.

IN GENERAL:

- Please familiarize yourself with the pool layout, exits and equipment.
- Please take time to discuss with your club how you will react and look after your members in the case of an emergency.

IN AN EMERGENCY:

- If you are required to contact Emergency Services, the address directions are: "Swim Zone Merua Road Matamata".
- Please note that pool staff are trained in First Aid and CPR.

FOR EVACUATION:

- Stay Calm.
- Three (3) loud blasts on the whistle by the Referee shall clear the pool.
- Leave the pool complex as directed by pool staff or Swimming Waikato technical officials.
- Assist team managers and officials to evacuate the swimmers safely.
- Conduct a roll call to account for all persons (children and adults) in your club. Notify the relevant emergency services as required.

DURING THE MEET:

- Please take care to ensure the health and safety of yourself and others.
- Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.

CLICK HERE TO VIEW THE SWIMMING WAIKATO – HEALTH & SAFETY VIDEO