

HAMILTON AQUATICS

ROVERS 38TH

CHOCOLATE MEET



SUNDAY 20TH AUGUST 2023

Waterworld Aquatics Centre, Hamilton
 Sunday 20th August 2023
 Warm up - 9am
 Racing - 10am

EVENT SCHEDULE

	Session 1		Session 2
1	100m Freestyle	9	50m Breaststroke
2	50m Backstroke	10	100m Fly
3	200m Breaststroke	11	200m Backstroke
4	50m Fly	12	50m Freestyle
5	100m Backstroke	13	100m Individual Medley
6	200m Individual Medley	14	200m Freestyle
7	12 & U Mixed Kick Board Relay	15	12 & U Mixed 3-legged Relay
8	13 & O Mixed Kick Board Relay	16	13 & O Mixed 3-Legged Relay



A competitive meet with a fun atmosphere where all swimmers are winners!

Swimmers, grab your teammates & join in the fun relays.

Aims Games last hit out meet.

CONDITIONS OF ENTRY & RACING

Conditions of Entry & Racing

Right to compete

- All swimmers MUST be SNZ registered & financial
- Open to ALL ages SNZ registered - Competitive & club from all regions
- **Age at August 20 2023**

Entry Process

- All entries must be submitted online through FASTLANE on the SNZ membership webpage
- The Meet director reserves the right to restrict event numbers if entries exceed the nominated time frame
- Close of entries: **8pm Wednesday 9th August 2023**
- Entry times are to be converted to Short Course (25m) times
- All events swum Mixed Graded Scratch
- Swimmers with 'no times' will not be accepted
- Club night times accepted - Swimmers please advise your club recorder to supply your entry times to recorder@hamiltonaquatics.nz by Wednesday 16th August
- No late entries accepted

Entry Fees

- \$55 per swimmer - up to 5 individual events
- \$4 per relay team
- Spectator fee is \$2 pp paid to Waterworld
- Refunds will only be made if a medical certificate is provided to the Technical Director. | Or, at the discretion of the technical director

Prizes

- Chocolate bars will be awarded to 1st, 2nd, 3rd placings in each heat
- Treats will be given to all other swimmers in each heat

Relays

- Relay teams must be submitted by club recorders by **8pm Wednesday 16 August**
- No entry time required
- No relay entries will be accepted on the day
- Smaller clubs & teams are welcome to combine teams

Kickboard Relay

Teams of 4 - can be mixed. Swimmer must complete 25m individually with 2 hands in contact with the kickboard at all times. Swimmers to finish the length by touching the pool end with the board & handing the board onto the next swimmer. The kickboard cannot be used as a swimming aid. E.g. a paddle

3 - Legged Relay

Teams of 4 - can be mixed. Swimmers will complete 25m in pairs with 1 leg of each swimmer joined by a rubber band. Swimmers will finish the 25m length by touching the pool end & handing the band onto the next 2 swimmers

Psych Sheets

- Draft psych sheets will be circulated to club recorders and via email to all competitors.
- Competitors are responsible for checking names, entries, events & times are correct. Please advise of any changes by the communicate date

There will be no corrections after the posting of the final psych sheet

Meet programme

- The meet programme, along with the timeline (guideline only) will be uploaded to www.hamiltonaquatics.nz
- The meet programme will be emailed to club recorders and all competitors



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- The meet will be conducted under Swimming New Zealand's SNZ Regulations and Bylaws. FINA rules' except where local meet rules and conditions apply
- Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules
- All swimmers agree to comply with the anti-doping rules
- Technical / performance suits are BANNED for all junior swimmers (age 12U) at all Swimming Waikato events as per the policy on the SW website
- Swimmers with strapping must provide documentation from a registered health practitioner or physiotherapist to the Technical Director prior to swimming
- Participants who have entered this meet agree to allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by Hamilton Aquatics Inc and Swimming Waikato
- Over-the-top starts will apply for all events | All swimmers must exit the pool from the side
- The length of the break between session will be at the discretion of the Technical Director on the day
- Hamilton Aquatics will endeavour to supply the required number of officials to comply with SNZ regulations. Please help us by supplying officials and timekeepers as per your club allocation, which will be sent to all clubs after entries have been received. Official's names & contact details would be appreciated - recorder@hamiltonaquatics.nz
- Please note all clubs are required to help by supplying officials & timekeepers.
- Trainee officials are most welcome - please text the Technical Director by **Wednesday 16 August**

All communications regarding this meet are to be send to:

recorder@hamiltonaquatics.nz

Technical Director - Russell Strange - Ph 0275 943 374

