

Event Information Booklet

# HAVE-A-GO SWIMMING CARNIVALS

*Make a Splash*



# HAVE-A-GO CARNIVAL

## Welcome All

We are delighted to invite you to our HAVE-A-GO Swimming Days, if you are joining us from our school water safety program, then it's great to have you with us again.

Our HAVE-A-GO Carnivals are an opportunity for kids to connect with their local swimming club and to give swimming a go!

We hope that you have a great day of swimming fun and that you don't forget to pick up the 'Your Next Strokes' pack afterwards.

Yours in Swimming!

**Darren Ward,**  
Swimming Waikato CEO

## Who are Swimming Waikato?

At Swimming Waikato, we work alongside our 32 swimming clubs to deliver quality programmes, events and development opportunities. We're proud to be supporting grassroots and performance swimming in both the Waikato & Counties Manukau regions and creating opportunities for our members and our wider community to achieve and celebrate their swimming goals, no matter what they may be.

## What's our purpose?

We exist to inspire participation, to progress competitive excellence, and to advance water-safety education

## Why Swimming?

- The most important reason is that swimming is the only sport which can save your child's life. Drowning is still one of the most common causes of accidental death in children, so being able to swim is an essential life-saving skill.
- Swimming keeps your child's heart and lungs healthy, improves strength and flexibility, increases stamina and even improves balance and posture
- Swimming provides challenges and rewards accomplishments, which helps children to become self-confident and believe in their abilities.
- Builds self-confidence and life skills

## What is involved with a HAVE-A-GO Carnival?

Carnivals are designed to cater for all different levels of swimming ability and to ensure all participants have a fun swimming experience.

Kids will also be able to have-a-go at some short races where they will receive a finishers ribbon with their official swim time!

All participants will also receive a Swimming Waikato Sports Bag filled with 'Your Next Stroke's' support and plenty more.



[More Info](#)

# HAVE-A-GO CARNIVAL

## Dates and Venues

### HAMILTON CITY

Date: TBC

Location: Waterworld

Supporting Club: Hamilton Aquatics

[www.hamiltonaquatics.nz](http://www.hamiltonaquatics.nz)

### SOUTH AUCKLAND

Date: TBC

Location: Frankton Leisure Centre

Supporting Club: Pukekohe Swimming Club

[www.pukekoheswimmingclub.co.nz](http://www.pukekoheswimmingclub.co.nz)

### THAMES DISTRICT

Date: TBC

Location: Centennial Pool

Supporting Club: Thames Swimming Club

[www.facebook.com/ThamesAmateurSwimmingClub/](http://www.facebook.com/ThamesAmateurSwimmingClub/)

### WAIPA DISTRICT

Date: TBC

Location: St Peter's Collegiate School

Supporting Club: St Peter's Swimming Club

[www.stpetersswimmingclub.co.nz](http://www.stpetersswimmingclub.co.nz)

## Entry Information

This "Have-a-Go Carnival" is for any swimmer who is not currently registered as a club or competitive swimmer with Swimming New Zealand and who is capable of swimming 25m without assistance.

### Registration

Please register through the following links:

### Entry Fees

This is a **FREE** event.

### Spectators

Spectators may attend the event free of charge at the discretion of event organisers and Aquatic Facility Management.

### Health & Safety

It is up to parents and caregivers to monitor the health and safety of their children at all times for the duration of the event. Swimming Waikato cannot be held responsible for any activity which takes place outside of the designated event lanes or outside of the event hours.

### Results & Ribbons

Each child will receive a ribbon upon completion of their race. The ribbon will have the distance, stroke, and time recorded.

Certificates will be awarded to relay participants.

### Photography & Videography

Photos and videos will be taken throughout the competition. All children and spectators have agreed to allow photographs, videos, audio recordings and audio recording to be taken by accredited Swimming Waikato contractors to be used for any legitimate purpose by Swimming Waikato.

Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than 300mm and commercial digital video equipment.

Swimming Waikato staff will, at their sole discretion, determine whether an item is intended for personal or commercial use.

# HAVE-A-GO CARNIVAL

## Participant Information

### Pool Access

Access to the pool for all swimmers, coaches and spectators is via the main reception.

### Participant Seating

Children are able to sit in any of the seating areas provided fire exit doors, and main thoroughfares are clear.

### Starting Process (if racing)

After marshalling, swimmers will wait behind their allocated lane.

The previous race will exit the pool following a single blow of the whistle.

Once the previous competitors are clear, there will be another blow of the whistle. Swimmers may position themselves on the starting blocks, or in the water with one hand on the wall.

The starter will call "take your marks". This is the final warning before the start of the race.

A loud "beep" indicates the start of the race – you may dive/push off and begin your swim.

## Have-A-Go Racing

### 25m HAVE-A-GO Races (One Length)

Participants may swim any stroke of their choosing.

Participants may start in the water, with one hand on backstroke ledge/wall.

Swimmers may also use the diving boards if they are comfortable doing so.

Participants looking to swim more than one 25m race may return to the marshalling area after the completion of their race.

Time will be stopped when the swimmer touches the wall.

For safety purposes, participants must exit the pool using the stairs after the final whistle is blown.

**There will have plenty of support on the day, so don't worry, you won't have to memorize all this information.**

# HAVE-A-GO CARNIVAL

## Additional Race Information

### 25m Kick Race (One Length)

This event will not involve diving. Swimmers will start in the water, with one hand on backstroke ledge/wall and the other hand on the kickboard.

Swimmers will push off the wall (no underwater) and kick the 25m holding the kickboard.

Time will be stopped when the swimmer touches the wall.

Swimmers may use any style of kick. Fins will not be allowed.

Swimming Waikato will provide the kickboards for the event.

### 25m (One Length) Relay Event

Teams will be allocated in the marshalling area.

Each team member will swim one 25m length for their team.

Swimmers may swim any stroke of their choosing.

Swimmers may start in the water, with one hand on backstroke ledge/wall.

Swimmers may also use the diving boards if they are comfortable doing so.

## FAQ's

**My child has never competed in a swimming race, is that okay?**

Absolutely! Our goal is to offer a supportive environment as kids give racing a go for the first time.

**Does my child need to be part of a Club to attend?**

No. The only requirement we have is that kids are able to swim 25m without assistance.

**Will I be able to speak to someone about joining a club?**

All Carnivals will be supported by one of our Member Swimming Clubs and will be on-hand to not only support your child but also provide any help with supporting 'You Next Strokes' in swimming.

**Can my child join a Swimming Waikato club and chose not to compete?**

You bet they can. Our clubs usually offer plenty of swimming options which support all swimming goals (Fitness, Competitive, Social, Skill Development).

**Is there a cost to participate?**

Not a cent. Our Carnivals are generously supported by Gallagher's.

**Who can I speak to if I want more information?**

darren@swimmingwaikato.co.nz