

# **ST PETER'S SWIMMING CLUB SHORT COURSE MEET 2024**

**Brock Pool, St Peter's School, Cambridge**

25M 10 LANE OUTDOOR HEATED POOL

***Saturday 10th February 2024***

## **Session 1: Warm-up 8.00am & Start 9.00am**

1. 400m Freestyle \* a swimmer may only choose ONE 400M event
2. 400m IM \*
3. 50m Fly
4. 200m Breaststroke
5. 100m Freestyle
6. 200M IM
7. 50m Backstroke
8. 200m Butterfly
9. 100m Breaststroke

## **Session 2: will start 30mins after the conclusion of Session 1**

10. 200m Freestyle
11. 100m Backstroke
12. 100m IM
13. 50m Breaststroke
14. 100m Butterfly
15. 50m Freestyle
16. 200m Backstroke

**This designated meet offers competitive racing in a relaxed outdoor setting.**

The emphasis of this meet gives all swimmers the opportunity to see what impact their summer training has had on their racing leading into national competitions. For competitive swimmers, we aim to provide the opportunity to practice race skills and obtain national qualification times. For Club swimmers, we aim to provide an enjoyable meet where they can practice their racing techniques.

## MEET INFORMATION – CONDITIONS OF ENTRY

- Open to all competitive | club | Para swimmers from ALL REGIONS
- All swimmers MUST be SNZ registered "Competitive or Club"
- All entries must be submitted online through FASTLANE on the SNZ membership webpage
- The Technical Director reserves the right to restrict event numbers if entries exceed the nominated time frame
- Age as at day of the Meet – 10<sup>th</sup> February 2024
- Entry Fee \$10.00 per event. GST inclusive
- No late entries will be accepted
- A swimmer can only enter ONE of the 400m events, not both
- All events are mixed graded, timed finals
- Over-the-top starts will apply for all events
- Electronic timing (touch pads & button back up) will be used at this meet.
- Entry into the pool for the backstroke events shall be feet first. No swim back permitted.
- Please exit the pool at the side. Do not swim over the lane ropes
- **ENTRIES CLOSE** : Sunday the 4th of February 2024 at 11.59pm
- No Times (NT) will not be accepted, though athletes can still enter an event they do not have a time for. When the psych-sheets are sent out Clubs will be asked to send through a time for the swimmer so they can be seeded appropriately.
- There will be no refunds on entry fees except as per the scratching rules that apply to medical events
- Psych sheets will be circulated once entries have closed
- Each Club is responsible for checking names, entries and events are correct on receipt of information and advising of any errors where errors have occurred
- The meet will be conducted under Swimming New Zealand's SNZ Regulations and Bylaws and World Aquatics rules' except where local meet rules and conditions apply
- Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules
- All swimmers agree to comply with the anti-doping rules
- Swimmers with strapping must provide documentation from relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmer without documentation will be not permitted to swim
- Participants who have entered this meet agree to allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by St Peter's Swimming Club and Swimming Waikato
- Scratching/Withdrawals - Refunds will only be made if a medical certificate is provided to the Technical Director
- Scratchings must be submitted to the Control Room no later than 1 hour prior to the start of racing. Swimmers will be deemed to have withdrawn if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event.
- All refunds are at the discretion of the Technical Director
- Protests must be submitted within 30 minutes following the conclusion of the respective event
- The protest fee of \$100.00 is payable upon submission of the correctly completed Protest Form
- This is a paperless meet. The meet programme will be emailed to all Clubs and Competitors prior to the start of the Meet.
- Technical Official and Team Managers meeting will be held prior to the start of the meet.
- St Peter's Swimming Club will endeavor to provide the necessary number of officials to comply with SNZ regulations. Please help us by supplying additional officials and timekeepers should they be required

**All communications regarding this meet are to be sent to**  
[recorder@stpetersswimmingclub.co.nz](mailto:recorder@stpetersswimmingclub.co.nz)

**Technical Director – Kazuko Tapper**